

Annual REPORT 2018-2019



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Dear Friends,

It is my great honour to share with you, Doctors For You Annual Report 2018-19. This report comes to you with pride, as it is a collection of our most significant accomplishments and our most special stories from the past year.

Last year was significant in DFY's development as a well-recognised Organisation. With the support of our donors, partners, volunteers and other stakeholders, we were able to achieve significant success in reaching out to more than tens lakh people providing medical relief post disaster in Kerala and by providing medical care to people excluded from contemporary health care system such as the PAP's of Govandi (Mumbai) and Thane and poorest of poor in Bihar, Rural Maharashtra and through various community empowerment initiatives across the country. In 2018, DFY added more programs to its list of interventions with the addition of CIIF SLTS & DRR in Uttarakhand and Biomass Project in Punjab, CMI Hedavali Project, MSF Wash Project in Kerala and Powerlinks Model Village Project in Saharsa, Bihar and most importantly started the construction of DFY's own hospital in Masarhi in Rural Bihar.

Each of our supporters are invaluable to us, however towards the end of this year I can't help but mention my special gratitude to UNICEF, Diversey, Direct Relief, Iwon Charities and MSF for immediate support during Kerala Flood Response for the support during Chennai floods and Vistex Foundation for their continued support to our dream project in Bihar.

As we move forward this year DFY intends to commence the functioning of DFY Hospital, the first of its kind in Bihar among other projects to effect larger change in the grassroots level. Further we plan to cement our place as one of the leading organisation from this part of the world providing medical relief to victims of disasters and people affected by exclusion from regular health care system all the while trying to make a lasting change in our society through our community development initiatives.

We renew our promise to base our interventions evidence based, to address gender inequality, strengthening governance for change, holistic development, and the community itself being the voice of social transformation. Thank you all for your continued support on our journey.

Dr. Rajat Jain
President, Doctors For You

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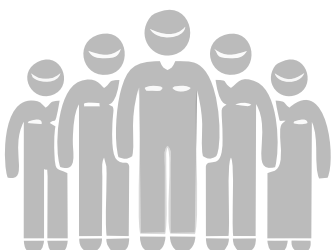
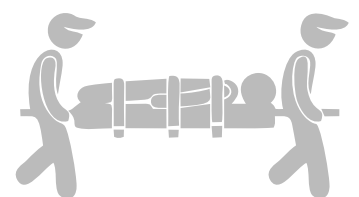
About Doctors For You

Doctors for You (DFY) is an Indian humanitarian organisation with international presence, proving health, water hygiene and sanitation, nutrition and livelihood services to the vulnerable communities during crisis and non- crisis situation including emergency medical and wash aid to people affected by natural disaster, conflicts and epidemics. DFY's work is guided by humanitarian principles of humanity, impartiality, and neutrality. It offers services and assistance to people based on need, irrespective of race, class, caste, religion and gender.

Doctors for You was founded in India in 2007, by doctors, medical students and like-minded people with a vision of “Health for all.” Currently, DFY is working on various projects across fifteen states of India involving a strong team of health professionals, Disaster Management Practitioners, Social Workers and Administrative Staff committed to bridge the gap between people and basic services

From the Bihar flood response in 2008 to recent flood relief operations in Kerala in 2018, DFY is committed to deliver quality health services and humanitarian aid to all people affected by crisis irrespective of any consideration. From a humanitarian health care provider in emergency situations Doctors For You has evolved to be one of the most reliable and trusted organisation across the Indian States in disaster preparedness and capacity building programs and trainings.

Our organisation received several recognitions from various international communities for our contribution in the field of medical humanitarian response. We received the SAARC Award for 'Outstanding contribution to humanitarian works in the aftermath of the disasters' for our Bihar Flood Response work in 2008. Organisation also received the prestigious British Medical Journal Group Award for the 'Best Medical team in crisis zone' in 2011.



Vision & Mission

The functioning of Doctors For You is guided by a set of ethical values and guidelines. DFY functions on humanitarian principles of humanity, impartiality, and neutrality. It offers services and assistance to people based on need, irrespective of race, class, caste, religion and gender. The following are vision, mission and guiding principles of Doctors For You (DFY).

Vision

Health For All

Mission

Providing sustainable, equitable, effective and efficient health care services to the most vulnerable individuals and communities.

Guiding Principles

**Rapid response
Reaching the unreachable
Accountable to our Partners, Donors & Communities
Community Participation in decision making
Neutrality & Non-Political**

2018 in a Glance

Cancer Screening in Assam and Rajasthan

In an attempt to take this initiative further DFY started working on the ground in Assam and Rajasthan supported by ACCF and Rajasthan Royals on capacity building, awareness creation and screening program in 2018. For more details page,



Kerala Flood Response

This year, Kerala has faced the worst floods since 1924. Over 483 people died, 14 are missing. Sending its biggest team ever in the aftermath of a disaster, DFY garnered together a team of 120+ organising medical Camps, and joining post disaster needs assessment and helping anganwadis restart after the disaster through handholding and training. For more details page,

Vistex Hospital Construction

In December, 2018, DFY started the construction of first of DFY's own hospital facility providing multiple speciality service situated in Rural Bihar. The first phase of the complex currently under construction is expected to be completed in September 2019. For more details page,



Capacity Building of Medical Professionals on TB

Capacity Building of Public and Private Sector on Management of TB and DR-TB project was started in Madhya Pradesh and Bihar reaching out to health care professionals in Taluk level. Identifying the role played by knowledge gap in delivery of Programmatic Management of DR-TB (PMDT) services, enhancing clinical and programmatic acumen of TB care providers for quality TB and DR-TB care in the country training were organised at

State, District level including CME sessions. For more details page,

Malnutrition Project

First 1000 Days from conception (upto 2 years of age) is the most crucial phase of child life where maximum development of the brain and all other vital organs occur. This year our team reached out to 3,000+ malnourished children from across Bihar, Maharashtra and Kerala and supported their journey to normalcy. For more details page,



1.

Health Project



Cancer Screening and Awareness Program

Incidence of cancer is on the rise and many of those cancers can be prevented by stronger public health action. While GOI has developed an operational framework for management of common cancers in 2016 in consultation with NHSRC and senior oncologists across India, only few south Indian states are able to roll it out on ground. Most of the states are still not able to do much work on ground due to limited skills, capacity, leadership and resources to manage cancer screening, referral of suspected cases and treatment program. In an attempt to take this initiative further DFY started working on the ground in Assam and Rajasthan on cancer awareness, capacity building and screening program in 2018.

ACCF Project in Assam

Burden of cancer incidence is highest in Assam among the other north- eastern states about >35000 cases every year. To reduce the burden of cancer in long term and to detect cancer at early stage “Universal Screening of common NCD's” project has started in Assam by Assam Cancer Care Foundation (ACCF) which is a joint initiative of Tata Trusts and Govt. of Assam. DFY started working with ACCF initially in Dibrugarh and Sonitpur districts and later expanded the program in Kamrup rural, Barpeta, Nagaon, and Jorhat districts.



Objective-

1. To screen early stage Oral, Breast and Cervical Cancer lesions
2. Training and capacity building of public health workers to roll out NPCDCS program in Assam state

Major activities-

- Team conducted awareness sessions on common cancers i.e Oral, breast and cervical cancer (Risk factors, symptoms, prevention, importance of early detection and participation in NCD's screening camps regularly after 30yrs of age)
- Conducted training of Public health facilities (Health and wellness centres, subcenters and block PHCs) staffs on Oral, Breast & Cervical cancer screening
- Organised NCD's screening camps at public health facilities and follow up of suspected patients.

Major achievements-

Total no of screening camps-375

Total no of Government Human Resource trained-372

Total no of Screening Conducted- 29605 (Oral-17360, Breast-10090, Cervical-2155)

A Story of Recovery

A 45yrs old Male screened at a subcenter in Barpeta district with an ulcerated lesion on his lower lip since 1.5yrs. He was a chronic smoker, regularly consumes 1 packet bidi per day since 20yrs and past alcoholic also. On examination our team suspected the lesion as oral cancer. We urgently referred him to Barpeta medical college for further examination and Biopsy of the lesion. Biopsy report it was confirmed as well developed squamous cell carcinoma (A type of oral cancer). Due to unavailability of treatment facilities he was referred to State Cancer institute, Guwahati. Due to our timely intervention currently he is under treatment and recovering from oral cancer. His family thanks the whole team of ACCF for the support during this period.

Rajasthan Cancer Out Project

'Cancer Out' is a project launched by Govt. of Rajasthan, Tata Trusts and Rajasthan Royals in year 2018 during IPL season to create awareness on Cancer Screening and Early Detection in Rajasthan. The program mainly focused on 3 major cancers which can be easily prevented if detected early - Oral, Breast and Cervical cancer. For the implementation of the program 7 major districts of Rajasthan are selected with government medical Colleges (Ajmer, Bikaner, Jaipur, Jodhpur, Jhalawar, Kota, Udaipur).

Objective of the Program-

- To create awareness about importance of Screening of Oral, Breast and Cervical cancers among general population
- Training and capacity building of Public health facility staff on Oral, breast and Cervical cancer screening and prevention

Major Activities-

- A team comprised of Dentist, nurses and paramedical staffs set kiosk in the govt or cancer care hospitals. At kiosk beneficiaries get screened and counselled for risk factors associated with OBC cancers like cessation of tobacco and alcohol etc.
- Training workshop for Doctors and Nurses were conducted in Hanumangarh, Churu, Bikaner, Baran, Jodhpur & Jaipur Disrticts of Rajasthan.

Key Achievements

- Total number of beneficiaries screened till 31st December- 32,459
- Total number of Suspected -2,533
- Total Number of Patients On treatment-21
- Total number of health workers trained in OBC screening-186

Health and Nutrition Project, Hedavali

About Project

Doctors for You under its Tribal Area development program started this important project to improve Maternal Child Health, Nutrition, Informal Education and provision of specialised medical services to the Adivasi villages around Jambulpada Panchayat in Pali Block Raigarh district Maharashtra.



Objectives-

1. To improve the maternal & Child health care services in the community.
2. To provide primary health care & specialised medical services in the community.
3. To strengthen the functioning of Aanganwadis by supporting them in nutrition services and informal education.

Major Activities-

- Organised >20 specialised Health Camps (Dental, Skin, Gynaecology, Physiotherapy, Orthopaedics, Ophthalmology etc)
- Malnutrition screening in Anganwadi centres in whole panchayat
- Anganwadi infrastructures development (Clean drinking water, Toilet repair, Utensils distribution, repair and painting of AWCs)

Key Achievements

- The work done by DFY was much appreciated by the local govt. officials and requested us to take other villages also to expand malnutrition prevention and control program
- Significant improvement in Informal education component over the last 12 months.

Supporting Partners - CMI FPE , Vitamin Angels

Major Activities-

- Organised >20 specialised Health Camps (Dental, Skin, Gynaecology, Physiotherapy, Orthopaedics, Ophthalmology etc)
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Supporting Partners - CMI FPE , Vitamin Angels

2. Nutrition

Poshan Project : Nutrition Supplements to Drug Resistant Tuberculosis patients

Tuberculosis is one of major public health problem in India. Tuberculosis leads to weight loss, wasting and worsening of nutritional status, in drug resistant (DR) tuberculosis patients poor nutritional status can further delay the treatment outcomes. Nutritional support is an important component of patient centred care and included in new end TB strategy. Doctors For You started this project to provide nutritional supplements in form of dry ration to DR-TB patients across the states of Assam, Bihar, Madhya Pradesh, Gujarat and New Delhi. All patients taking treatment under DOTS plus regimen with RNTCP were enrolled in the project. The target of the project was to supplement at least half of energy requirement and 2/3 rd of protein requirement during first 6 months of treatment.



Objectives-

- To provide nutritional supplements to patients with Tuberculosis
- To provide approximately 1800 kcal energy and 75 gm of protein per day.

Major Activities-

Doctors For You distributed monthly nutritional supplements in form of dry ration adjusted as per local food habits to 1800 DR TB patients from 6 states.

Key Achievements-

- Total number of DR TB patients received nutrition supplements- 1800
- Better compliance to the DOTS regimen, decreased default rates and reduced mortality during the Intensive phase of the treatment among patients taking nutritional supplements

In addition to this project, since October, 2018 DFY health centres in Natwar Parekh and Lallubhai also providing Nutritional supplementation to 1500+ TB Patients from all 15 health posts in M-East ward Mumbai.

Supporting Partners-RNTCP

Rural Health Centre Project: Masarhi, Bihar

Bihar state has some of the poorest Maternal and Child Health Indicators in India. Considering this Doctors For You has started a health centre at Masarhi village (Patna District) in 2015. NM Budhrani Trusts is the first supporting partner for this project. In 2017 Zahra Hasanaat Trust came forward and supported the construction of a maternity ward at Masarhi, which increased our indoor capacity from 2 beds to 10 beds. Thanks to NM Budhrani & Zahra Hasanaat Trusts for their constant support to this very important project of Doctors For You. The program targeted an area within the 15 km radius of Masarhi village i.e. five panchayat (30 villages) of Fatuah Block of Patna District.

STATISTICS 2015 - 2018

Total Data till June 2018					
Sr No	Variable	NOV'15 - OCT 2016	NOV'16 - SEP 2017	NOV 2017 - JUNE 2018	Total
1	Total OPD	8575	8314	7563	24452
2	Male	3205	3089	2322	8616
3	Female	5424	5225	5239	15888
4	Children < 5 years	1636	1728	1167	4531
5	Children 5-16 years	1402	748	640	2790
6	Above 60 Years	1494	970	819	3283
7	Follow Up	1440	937	847	3224
8	Malnutrition Follow up		724	864	1588
9	Vitamin A supplementation	1247	4762	925	6934
10	Immunization	56	915	13	984
11	Malnutrition	222	342	128	692
12	Deworming	1538	7440	1804	10782
13	Filaria Prophylaxis		537	39	576
IPD					
20	No of admissions	92	97	59	248
21	No of deliveries	19	4	4	27
22	Referral services	27	24	39	90
Health Promotive services					
23	Antenatal Checkups	328	334	276	938
24	Postnatal Checkups	35	2	35	72
25	Family Planning	61	18	6	85
Community Based Management of Malnutrition					
26	Children Screened	558	854	626	2038
27	No of Children with SAM	80	88	43	211
28	No of children with MAM	146	253	85	484

Objective :-

- To provide maternal and child health care and nutrition services.
- To provide accessible and affordable primary health care services to the community.

Major Activities :-

- General OPD services on regular basis
- Labour room and maternity services (24 hrs)
- Emergency health & ambulance services
- Indoor services for Therapeutic treatment of Complicated Malnutrition cases
- Laboratory and Pharmacy services
- Outreach program on Menstrual health and Hygiene

Key Achievements :-

Total OPD - 10655

Total ANC registration- 358

Total Deworming- 2751

Total emergency cases handled- 177

Total emergency referral - 44

Total children screened for Malnutrition - 1277

Supporting Partners- NMBT, ZHT, Ishrani Foundation, MSF

Swastha Nari Shasakht Parivar Project - Anemia Project

In India, the prevalence of anaemia is high because of low dietary intake, poor iron (less than 20 mg /day) and folic acid intake (less than 70 micrograms/day). This Project targeting 5000 women and adolescent girls in the age group of 18 – 35 years from the different slum pockets of Mumbai aims to alleviate the prevalence of anaemia among women and adolescent girls thus making them more productive and capable of contributing to the health and welfare of the family. This project covered an array of activities primarily focusing on diagnosis, awareness and sensitisation and on socio cultural aspects that affects women's health by means of community engagement activities.

Objective :-

- To screen 4000 women from community for Anaemia
- To provide Iron Folic Acid supplementation to confirmed anaemic women

Major Activities :-

- Blood sample collection of community women
- Testing at accredited laboratories
- Health talks & IFA supplementation

Key achievements :-

- Anaemia Screening of 4441 women and IRON FOLIC ACID supplementation of anaemic women over 3 months period
- Support to 100 women for various Livelihood program as compliment (Free Tailoring & Beautician Training program)



Supporting Partners- MERCK

Urban Health Centre Project

DFY operates four health centres for slums and resettlement colonies of Govandi, Mankhurd, Mahul and Mandala slums of M-east & west wards of Mumbai. This program is running since 2010 with support from MMRDA & MRVC (first two), BPCL and ZHT caters to 250,000+ people of the urban slums.

Objective :-

- To provide quality maternal and child health care services to Slum population of mumbai
- To provide accessible and affordable primary health care services to the community.

Major activities :-

- General OPD services on regular basis
- Laboratory and Pharmacy services
- Immunisation services
- DOTS centre for Tuberculosis
- Physiotherapy Centre
- Dental OPD
- Gynaecology, Ophthalmology, psychiatry , Orthopaedic OPDs

Key Achievements :-

Lallubhai Compound Health Centre - Total Consultations - 57,776

Natwar Parikh Compound Health Centre - Total Consultations - 21,872

Mandala Health Centre - Total Consultations - 10,726

Mahul Health Centre- Total Consultation - 2,781



Supporting Partners- MRVC,MMRDA, BPCL, ZHT, Rotary Club etc.

Community Based Management of Malnutrition Program (Maharashtra, Bihar & Kerala)

First 1000 days from conception upto 2 years of age is the most crucial phase of child life where maximum development of the brain and all other vital organs occurs. If the pregnant mother and child under 2yrs is deprived of proper nutrition during this time damage to the brain will be irreversible



Malnutrition Project in Urban Slums of Mumbai:

Malnutrition among children below 5 years of age is a major health problem in M East ward of Mumbai. The malnutrition prevalence ranges from 16% to 59.8 % in this area. The Govt sources confirm that at least, a quarter of children below six years in the city weighed at anganwadis are underweight. In Sathe Nagar of Mankhurd, the Under nutrition percent is 41.67 while in Rafiq Nagar of Govandi it is 59.8% (Severe Acute Malnutrition “SAM”- 22.2% and Moderate Acute Malnutrition “MAM”- 37.6%). Diarrhoea and pneumonia account for approximately half the under five deaths in India, and malnutrition is believed to contribute to 61% of Diarrhoea deaths and 53% of pneumonia deaths.

DFY started its urban CMAM Program in 2017 and continued the same in 2018.

Objectives-

1. To reduce Under 5yrs malnutrition rates among children
2. To improve Infant & Young Child Feeding (IYCF) practices

Major Activities-

All children in the age group of 6 months to 5 years of age screened & treated for malnutrition

Key Achievements-

Total screened- 2138

Total Malnourished - 1201 (56.17%).

Total Treated children- 439

The most important success of the program are the Nutrition Champion's comprising of mothers / grand mother of cured children who later came forward as ambassadors, advocating the program to other families with malnourished child.p

Malnutrition Project in Rural & Tribal Villages

DFY has ongoing Malnutrition program in Wayanad and Palakkad Districts Kerala and Patna district in Bihar.

Bihar CMAM project :-

Children identified as SAM with complication is admitted in the health centre, Masarhi and are treated with antibiotics and RUTF (ready to eat therapeutic food) is supplied to them after triage and appetite test.

Kerala CMAM Project :-

children are given a weekly nutrition kit of Eggs and Banana. SAM with complications are referred to NRCs in Kerala.

Apart from supply of nutrition, parents are regularly counselled and progress of children are regularly monitored from time to time through our outreach team.

Key Achievements :-

Total children screened-41189

Total SAM children-615

Total MAM children-1726



4yr old Nandini from Saidanpur villages was about to die to Severe Acute Malnutrition when our team found her during community screening program. We admitted her and treated for 3 months period. Today Nandini is able to walk & talk.

3.

Emergency Response and Disaster Risk Reduction

Doctors For You (DFY) is committed to respond rapidly and efficiently for the humanitarian need of people affected by natural disaster or conflict. The goal of the organisation is to help people access essential health care services. During disaster or acute emergencies, when access to medical facilities and health care services are at risk or disrupted, DFY ensure continuation of essential health services to displaced or affected populations in camp and other settings by providing preventive and curative health services.

DFY is involved in building rapid emergency medical response team for the acute emergency phase of disasters and complex emergencies. In 2018 after the devastating Floods in Kerala DFY responded with its biggest team ever working across six districts.

Kerala Flood Response

In August, 2018, Kerala faced the worst floods since 1924. Heavy rainfall amounting to an increase of 250% in comparison to last year lead to accumulation of rain water in dams beyond capacity. As the state government released the water from the dams. Over 483 people died, 14 went missing and at least a million people were evacuated. All 14 districts of the state were placed on red alert. According to the Kerala government, one- sixth of the total population of Kerala had been directly affected by the floods and related incidents which further resulted in the massive devastation in terms of life, property and livelihood in the state.



Child Survival Intervention Project - Report				
Sl No.	Indicators	Total	Target	Covered
1	Number of AWC Covered	1049	1049	1049
2	Total Population under AWC	9,35,736	4,67868	8,71950
3	No of household under AWC	1,96,000	98000	135732
4	No of under 5 children screened	61,629	30,815	49236
5	No of pregnant women	7,427	3,714	6644
6	No of lactating mothers	8,366	4,183	9398
7	No of public wells	11,289	5,645	8532
8	No of private wells	68,658	34,329	50289
9	No. of hygiene kit	1,150	1,150	1150
10	No. of IEC materials	1,049	1,049	1049
12	No. of MAM Child reached	-	-	1393
13	No. of SAM Child reached	-	-	513
17	AWW trained	1049	90	90
21	Number of health facility where capacity gap assessment conducted	-	15	15

Objectives :-

- To provide immediate relief and medical services to the flood affected communities
- To protect and promote Infant & Young Child Feeding services
- To generate awareness on diarrhoea management protocol and build capacity of community workers

Major Activities :-

• Mobile Medical Camps & Counter in North Paravur Taluk Hospital

General OPD was set up by Doctors for You in Ernakulam district in 21st August, 2018 and a few days later in Alapuzha district in coordination with the district Administration and request from Community and PRI Representatives.

As a part of these camps we were able to reach out to 13,311 beneficiaries across 40 mobile medical camps and through our counter in North Paravur Taluk Head Quarters Hospital. These activities were supported by a team of 10 doctors and team reached out to beneficiaries in 25 villages across Ernakulam and Alapuzha district during the time. Along with general health camps, mental health screening camps are organised in coordination with MSF in Chettikad, Gothuruth area in Ernakulam District.

• WaSH Response & NFI and Ration Kit Distribution

Since 19th August, 2018 DFY have team on the ground doing community/ home visits, doing Chlorination and hand wash demo, IEC Anganwadi workers and disinfection of community water points. The team did cover more than 9 lakh people through house to house assessments and chlorination demos and distributed 4000 nutrition and hygiene kits each.

• Leptospirosis Outbreak and Support to Kerala State

Outbreak of Leptospirosis in 12 districts of Kerala and multiple smaller outbreaks of Diarrhoea across the state has strained our resources and we need to mobilise doctors, para- medics and medicine to control these outbreaks. Based on request from Kerala Medical Services Corporation, supported by Doctors Without Borders, DFY facilitated the donation of 10, 00,000 tablets of Doxycycline to Kerala State.

• UNICEF Child Survival Project, Kerala

In the aftermath of devastating floods, in co-ordination with UNICEF and State Government of Kerala, our team started Child Survival Project in Wayanad District and Attappadi block in Palakkad district.

Aim -

- To restore and strengthen Anganwadi functioning.
- To protect and promote exclusive breastfeeding & optimal complementary feeding
- To generate awareness on diarrhoea management protocol and build capacity of community workers with providing technical support to ICDS/Health/ Suchhita Mission on management of SAM and ICDS services restoration including early childhood education activities

Key Achievements -

- Over the course of the project DFY team reached out to more than 80% of the total population of Wayanad district and Attappadi block
- Restoration support to all 1049 Anganwadi from Wayanad & Palakkad Districts
- Screened of > 60,000 children from malnutrition
- Cleaning of >522 Wells
- Donation of 10,00,000 Doxycycline Tablets
- >12000 Consultation through multiple health camps
- Distribution of >1500 WASH Kits



Supporting Partners- MSF, UNICEF, Direct Relief, Donatecart, IWON, ZHT, Star Chemicals, Ample Mission, Diversey, Jhonson & Jhonson, Vitamin Angels, Individual donors etc.

CIIFSLTS & DRR Project, Uttarakhand

Despite unfaltering efforts invested by government, non-government, international organisation, and the availability of rich theoretical framework on health risk reduction, the Community based risk reduction approach in contemporary society falls short of achieving desired results to produce substantial and sustainable positive change. This can be largely attributed to the weak participation of concerned communities in the risk reduction process and heavy emphasis on theoretical aspects.

Doctors for You based on previous successful experience realised that unless community based health risk reduction emphasis on community action with active participation of concerned communities, it will not result in substantial positive change. Based on the following premises, DFY team launched Students Led Total Sanitation (SLTS) & Disaster Risk Reduction (DRR) Project in 100 schools / inter-colleges in Agustmuni block of Rudrapryag district Uttarakhand.

Objective :-

- To do school health & eye check up program for students from 100 schools of Rudraprayag district
- To training and build culture of disaster risk reduction among school teachers and students

Major activities :-

- School Health Check up camps
- Eye check up of students and distribution of glasses
- Menstrual Hygiene awareness program
- Training on First Aid, Rescue and other important components of Disaster Preparedness and School safety
- Plantation of Trees

Key Achievements :-

- Health Camps (5000+ beneficiaries)
- Eye Camps (5200+ beneficiaries)
- Hand Wash Promotion (6000+ beneficiaries)
- Disaster Preparedness Mock drills (24 sessions) & DRR Awareness sessions
- Menstrual Awareness sessions (700+ beneficiaries across 25 schools) etc.



The team observed a 30% increase in awareness in hand washing and menstrual practices as a result of the practices and over go to action during a disaster was familiar to more than 80 % of students after the mock drill sessions.

4.

Livelihood Projects



With the growing economy and expanding job opportunity, there is a huge demand for a skilled workforce. The youth applying for these jobs often lack the required skills to execute them effectively. In addition youth from marginalised community are often unaware of job prospects and opportunities that will help them make a steady living. Thus unemployment tends to continue to rise and the cycle of poverty is perpetuated. To overcome this cyclic issue DFY have taken up various livelihood program setting up vocational training centers across the country.

Objectives :-

- To increase family income of the marginalised communities through livelihood generation.

Major activities :-

- Hygiene Technician Training
- Food handler Training
- Health Assistant training
- Dental Assistant Training
- Tailoring & Beautician Classes



Garima Hygiene Technician and Food Handler Trainings

The program provides a comprehensive 3-5 days training which skills the youths to work in advance setting like hotels, airports, malls and corporate. The program is specifically designed for low educated youths who are unable to afford the fees of such skill trainings. The candidates are trained and also guided throughout the employment seeking process. The program aims to train 20,000 youths in the current year, with already 9,000 youths already benefitted from the program from across the country last year and with around 4982 placed majority of which being placed in the metros.





Health Assistant Training



Doctors For You offers 6 month certificate training course in Health Care for 8-10th standard passed students of the urban slums of Mankhurd and govandi,Mumbai.The project aims to enhance skill development and livelihood promotion.

Aim is to build a trained Health Assistant (HA) who can help a certified medical practitioner in delivering health care services at clinics/ hospitals or in community works/surveys. Theory classes were taken to increase their basic knowledge and understanding and afterwards rotational placements were done in various OPDS for practical exposure. The assessment of course is done on periodic basis at the completion of each module plus work done by candidate and attendance for the course.

Dental Assistant Training

Girls, from the Urban Slums of Mankhurd and Govandi, Mumbai, who have completed their basic education of either 10th / 12th and are not skilled enough to earn a dignified job in the near by community. The project aims to enhance skill development and livelihood development. Selected candidates were given theory and practical training at DFY two Dental clinics followed by periodic and final evaluation with more emphasis on practical aspects of the course. Girls are competent enough after to support and maintain all clinical and administrative functions of a dental clinic.

Key Achievements :-

- >8000 Hygiene technician employed with various agencies across India
- 50 students were trained across 5 batches and 33 were placed amongst various agencies and DFY
- 9 students were trained in 2 batches and 7 were placed in DFY & various agencies



Supporting Partners- Diversey, Rotary Club of Mankhurd, MRVC , MERCK

Language and Computer Classes

To impart knowledge of basic computer and English language to students from marginalised communities DFY has established two Language and Computer Labs at Mandala Mumbai and Masarhi Bihar to make them more skilled for a professional job. A total of 8 computers equipped with essential audio-visual support. Till now 125 students were able to get NIIT affiliated certificate courses in Computer and English language education with the support of this infrastructure. Thanks to Smile Foundation for their support.

5.

Water Sanitation & Hygiene Programs

Over 600 million Indians defecate outside every day because they lack toilets in their homes, schools, or workplaces. Public health consequences emerging from this absence of toilets and resulting suppression of urge and open defecation leads to reproductive tract problems and diarrhoeal leading to stunting of children among others. School sanitation holds the potential to change open defecation practices in India. One way of achieving this is by providing schools with safe drinking water, improved sanitation facilities and bring about behaviour change among students by promotion of hand washing.



Mid Day Meal Kitchen upgradation Project Saharsa, Bihar

Hygienic cooking, safe storage and washing points are the 3 key components of Kitchen under Mid day meal program. Unfortunately not all kitchens are upto the mark based on these 3 criteria in the state. Due to this many minor and major accidents keeps happening the state almost every year. Most unfortunate & recent incidence was death of 23 primary school children in Saran district in 2015.

Objectives

- To strengthen Mid Day Meal program of school by supporting them in infrastructure development

Major Activities

- Construction of kitchen slabs, Utensil storage space, Washing points and other facilities based on standard set by govt. of India recommendations for an ideal MDM Kitchen

Key achievements

Under this project, total renovation of 8 school MDM kitchen has been done.

Supporting Partners- CII Foundation

Soap for Hope, India

Started in 2016 DFY is recycling the used soaps from hotels and repurposing them into new soaps. These soaps are then further distributed among vulnerable communities and children in far away corners of the country. The program is a multi-sector benefiting program as the program provides livelihood opportunity, sanitation & hygiene promotion in its beneficiary community.

Objectives

To recycle used soaps from Four or Five star hotels to promote hand washing among children from underprivileged communities

Major Activities

- Collection, cleaning and recycling of Soaps at SFH centres
- Distribution of Soaps and Hand washing promotion among children & students from underprivileged communities across India

Key Achievements

- DFY recycled 99.88 tonnes soap and produced 153,671 soaps and distributed 149,788 soaps across 14 states of India.
- DFY currently working with >144 hotel partners, organised 720+ community events to create awareness on importance of hand washing



Supporting Partner- Diversey India Pvt. Ltd

6. Training and Capacity Building Projects

Training and Capacity building of stakeholders occupy a core role in DFY's organisational mandate. Doctors For You helps equip communities with the knowledge, skills and tools they need to be ready. Started with DRR trainings, DFY have recently started training of medical professionals on screening of Common Cancers and most recently doctors on Program Management for Drug Resistant Tuberculosis (PMDT) Guidelines.

Training of Private and Public Health Professional on PMDT Guidelines

Multi Drug Resistant (MDR) Tuberculosis has become a major public health problem in India. Even though Programmatic Management of Drug resistant (DR) Tuberculosis (PMDT) services have been scaled up to cover the entire country and the guidelines have been revised in 2013, a prominent knowledge gap and capacity issues at provider (Doctors) level across public and private sector hospitals stand as a major challenge in the cascade of TB care.

In line with intensified efforts of government of India to control Tuberculosis by 2025 new PMDT guidelines has been released in 2017. In the public sector, there is a need to disseminate the updated guidelines amongst key health care staff involve in Tuberculosis management to ensure patients across the country could receive quality DR-TB care in line with the standard guidelines laid down by the Central TB Division. Further, to ensure similar high quality management of drug sensitive TB in private sector, adoption of Standards of TB Care in India (STCI) needs to be promoted amongst private health care providers.

Objective

To improve treatment in Private & Public health facilities via training on updated PMDT guidelines for management of DR-TB

Major Activities :-

- State level training workshops for private and public health professionals of Bihar and Madhya Pradesh on management of DR-TB as per PMDT guidelines
- District level training workshops for private and public health professionals of Bihar and Madhya Pradesh on management of DR-TB as per PMDT guidelines

Key Achievements :-

A total of 3223 health care professionals (doctors, senior treatment supervisors and Laboratory technicians etc) were trained from MP & Bihar.

7. DFY in Media

നാട്ടു

പോഷകാഹാരക്കുറവ്; വിവരശേഖരണം അവസാനഘട്ടത്തിൽ

കുടുംബാരോഗ്യവുമായി ബന്ധപ്പെട്ട കൃത്യമായ വിവരങ്ങൾ ശേഖരിക്കാനായി നേരിടുന്ന ആവേശപൂർവ്വമായ ഒരു ഘട്ടത്തിലാണ് പോഷകാഹാരക്കുറവ് പരിഹരിക്കാനുള്ള പദ്ധതിയുടെ അവസാനഘട്ടത്തിൽ. വിവിധ ജില്ലകളിലെ പോഷകാഹാരക്കുറവ് പരിഹരണ പദ്ധതിയുടെ അവസാനഘട്ടത്തിൽ. വിവിധ ജില്ലകളിലെ പോഷകാഹാരക്കുറവ് പരിഹരണ പദ്ധതിയുടെ അവസാനഘട്ടത്തിൽ.

ദുരന്തങ്ങൾ നേരിടാൻ ആദിവാസി യുവാക്കൾ പരിശീലനം

അഗതി • പ്രളയം ഉൾപ്പെടെയുള്ള ദുരന്തങ്ങളെ സാമൂഹിക കൂട്ടായ്മയോടെ എങ്ങനെ നേരിടാം, ദുരന്താനന്തരം ശ്രദ്ധിക്കേണ്ട കാര്യങ്ങൾ എന്നിവ സംബന്ധിച്ചു. അടുപ്പിടിയിലായ വിവിധ ഗ്രാമപഞ്ചായത്തുകളിൽ നിന്നും തിരഞ്ഞെടുക്കപ്പെട്ട 50 സന്നദ്ധതയുള്ള പരിശീലന പരിപാടി അടുപ്പിടി കൂട്ടിപ്പോയിട്ടുണ്ട്.

പ്രളയാനന്തര പരിശീലനവുമായി ഡോക്ടേഴ്സ് ഫോർ യുവം യൂണിസെഫും



ഡോക്ടേഴ്സ് ഫോർ യുവം യൂണിസെഫും പ്രോജക്ട് മാനേജർ ജേക്കബ് ഉമ്മൻ പള്ളി ക്ഷേത്രവുമായുള്ള സഹകരണത്തോടെ സംഘടിപ്പിച്ച പരിശീലനം അടുപ്പിടി കൂട്ടിപ്പോയിട്ടുണ്ട്.

കോട്ടയം: പ്രളയത്തെ നേരിടാനുള്ള പരിശീലനവുമായി യൂണിസെഫും ഡോക്ടേഴ്സ് ഫോർ യുവം യൂണിസെഫും പ്രോജക്ട് മാനേജർ ജേക്കബ് ഉമ്മൻ പള്ളി ക്ഷേത്രവുമായുള്ള സഹകരണത്തോടെ സംഘടിപ്പിച്ച പരിശീലനം അടുപ്പിടി കൂട്ടിപ്പോയിട്ടുണ്ട്.

'Closely packed buildings at Govandi slum rehab colony designed for death'

400 Residents Treated For TB In 6 Years: Doc

LACK OF SUNLIGHT, AIR SEEN AS CAUSE

GOVANDI: A study by WHO (World Health Organization) has found that the lack of sunlight and air in the Govandi slum is a major cause of tuberculosis (TB) deaths. The study found that the buildings are too closely packed, and the air is not circulating properly. This leads to a high concentration of TB bacteria in the air, which is then inhaled by the residents. The study also found that the buildings are not properly ventilated, and the air is not fresh. This leads to a high concentration of TB bacteria in the air, which is then inhaled by the residents.

School dropouts help TB patients stay the course

Impoverished teen girls from afflicted suburbs are counselling patients to finish the trying anti-TB drug regimen

മരുന്നുകൾ വിതരണം ചെയ്തു

അഞ്ചു വയസ്സിനുള്ളിൽ മരിക്കാൻ സാധ്യതയുള്ള TB രോഗികൾക്ക് മരുന്നുകൾ വിതരണം ചെയ്തു. ഇവർക്ക് മരുന്നുകൾ വിതരണം ചെയ്തു. ഇവർക്ക് മരുന്നുകൾ വിതരണം ചെയ്തു.

പി.സി.എസ്.എസ്. പരീക്ഷകൾ

പി.സി.എസ്.എസ്. പരീക്ഷകൾക്ക് പങ്കെടുക്കാൻ സാധ്യതയുള്ള TB രോഗികൾക്ക് മരുന്നുകൾ വിതരണം ചെയ്തു. ഇവർക്ക് മരുന്നുകൾ വിതരണം ചെയ്തു. ഇവർക്ക് മരുന്നുകൾ വിതരണം ചെയ്തു.