



## About Doctors For You

DOCTORS FOR YOU (DFY) is a registered society, registered under the Societies Registration Act 1860 Section 21 having registration no. F-56886(Mum). DFY is a pan India humanitarian organization with international presence and is working in various disaster hit zones since last 13 years. DFY focuses on providing medical care to the vulnerable communities during crisis and non-crisis situation, emergency medical aid to people affected by natural disaster,

conflicts and epidemics. We are also committed to reducing disaster risk to human society by delivering trainings and capacity development in emergency preparedness and response. The work of DFY is guided by humanitarian principles of humanity, impartiality, and neutrality. It offers services and assistance to people based on need, irrespective of race, class, caste, religion and gender.

Doctors for You was founded in India in 2007, by doctors, medical students and like-minded people with a vision of "Health for all." Currently, DFY is working on various projects in different states of India involving health professional, Disaster Management Practitioners, Social Workers and Administrative Staff.

The organization received several awards viz. The SAARC Award (2010), The British Medical Journal Group Award (2009), Golden Ruby Award (2015) and recognition from state governments for its outstanding contribution to the humanitarian field.

## Specific Locations of Projects and Programmes

Assam, Andhra Pradesh, Bihar, Chennai, Delhi, Gujarat, Haryana, Jammu and Kashmir, Kerala, Karnataka, Maharashtra, Madhya Pradesh, Meghalaya, Punjab, Tamil Nadu, Uttar Pradesh, Uttarakhand and Rajasthan

## Our Partners

| Government Institutions  | International  | National   |
|--|--|--|
| <ul style="list-style-type: none"> <li>▪ Assam State Disaster Management Authority</li> <li>▪ Bihar State Disaster Management Authority</li> <li>▪ Mumbai Metropolitan Region Development Authority</li> <li>▪ Mumbai Railway Vikas Corporation Limited</li> <li>▪ RNTCP of Assam, Bihar, Delhi, Gujarat and Madhya Pradesh</li> <li>▪ National Health Mission</li> <li>▪ National Health Systems Resource Centre</li> <li>▪ Government of Delhi</li> <li>▪ Government of Jammu and Kashmir</li> </ul> | <ul style="list-style-type: none"> <li>▪ Direct Relief</li> <li>▪ Lancet Global Surgery</li> <li>▪ Sealed Air</li> <li>▪ Diversey</li> <li>▪ Johnson and Johnson</li> <li>▪ Vistex Foundation</li> <li>▪ Vitamin Angels</li> <li>▪ Children Hospital Boston</li> <li>▪ MERCK</li> <li>▪ Mercy Malaysia</li> <li>▪ Qatar Red Crescent</li> <li>▪ PATA, Nepal</li> </ul> | <ul style="list-style-type: none"> <li>▪ Assam Cancer Care Foundation</li> <li>▪ TATA Trusts</li> <li>▪ UNICEF, India</li> <li>▪ Tata Institute of Social Sciences, Mumbai</li> <li>▪ Confederation of Indian Industry (CII) and CIIF</li> <li>▪ CARE, India</li> <li>▪ Donatekart</li> <li>▪ Give India</li> <li>▪ Milaap</li> <li>▪ WIPRO</li> <li>▪ Sphere, India</li> <li>▪ Naraindas Morbai Budhrani Trust (NMBT)</li> <li>▪ Goonj</li> <li>▪ Inter-Agency Group, Assam</li> <li>▪ Powerlinks</li> <li>▪ Selco Foundation</li> <li>▪ Goonj</li> <li>▪ ZHT</li> <li>▪ Nihchal Israni Foundation</li> <li>▪ HCL Foundation</li> <li>▪ Selco Foundation</li> </ul> |

## Core Areas of Work

- A. Health System Strengthening
- B. Training and Capacity Building
- C. Disaster Response and Recovery
- D. Research and Documentation

### A. Health System Strengthening

#### *Slum Health Centre's (since 2010)*

Mumbai Railway Vikas Corporation (MRVC), MMRDA & Doctors for You (DFY) have been working in 3 slum area locations of Mumbai through 5 health centres for the improvement in the socioeconomic and health indicators of the PAP's resettlement colonies. The Health Centre primarily caters to around 3 lakh population of the Natwar Parikh Compound, Gautam Nagar, Kalwa, Santacruz and Mankurd resettlement colonies of MMRDA. Through these centres DFY provides facilities like General OPD, Gynaecology OPD, Neurology OPD, Tuberculosis OPD & DOTS Centre, Dental OPD, Ophthalmology OPD and Pathology services. Apart from services at the health centre, health services and awareness activities are also organized in the area through community meetings, rally, street plays etc. The main aim of the project is to provide preventive and curative healthcare services to all.



#### *Naraindas Morbai Budhrani Trust (NMBT) Health Centre (2015-2019)*



Naraindas Morbai Budhrani Trust (NMBT) Health Centre operated by Doctors for You (DFY) has catered to around 1 lakh population from November 2015, in Masarhi village in Patna district of Bihar. The health centre has provided accessible and affordable primary health care services and nutritional support services prioritizing maternal and child health for these patients irrespective of caste, creed and gender considerations. The patient profile included patients from 50 villages of Fatuha Block of Patna District in the state of Bihar.

### ***Vistex Hospital (Since 2019)***

Vistex Hospital operated by Doctors for You (DFY) is located in Masarhi village of Patna district, Bihar. The hospital has been providing accessible and affordable primary health care services prioritizing maternal and child health, geriatric care, malnutrition, adolescent reproductive, and sexual health for the poorest of the poor in the area. The patient profile included population from 300 villages from Patna and Nalanda districts of Bihar.

The hospital have started coming across more emergency cases recently. This is so due to increased load of traffic accidents in the vicinity of the hospital due to newly constructed highway. With no other speciality care health facility nearby, Vistex hospital is the only hospital located in the area that can provide quality emergency health care services in the area.

Recently an area of the hospital has been also been converted to 50 bedded isolation and treatment centre for the corona patients.



### ***Hospital Support during Disasters (Jammu Kashmir Floods 2014 and Nepal Earthquake 2015)***



After Nepal Earthquake 2015, DFY has conducted a health facility assessment of Tribhuvan University Teaching Hospital, Kathmandu (TUTH) and as per the assessment findings the organization has donated 5 ventilators, 5 X-Ray machine and 1 C-Arm X-Ray machine to cater the needs of earthquake affected population.

In Kashmir 2014 post floods many of the health facilities in all the affected districts were partially or completely damaged. Thus DFY started with a standard health Facility assessment based on IPHS format in 6 Districts covering 91 facilities. Later DFY marked 77 health facilities as critical and started extending support. They are of 51 Sub centres (SCs), 20 Primary Health centres (PHCs), 1 Mini-Maternity Centre, 3 Sub-district hospital and 2 Community Health Centres. In all of these facilities DFY has provided a range of essential materials like Emergency batch of medicines, Gas heaters, Blankets, bed-dings and medical equipment's.

### ***COVID-19 Response and Support to Critical Healthcare Facilities during COVID-19 Pandemic (Since 2020)***

Covid-19 has emerged as global pandemic affecting almost the entire globe. This has tested public health preparedness to the optimum level even in developed countries who are still struggling to deal with the situation.



In the current Covid-19 pandemic scenario DFY is implementing the following key activities: **1. Protect the Protectors Campaign:** A campaign to ensure enough supply of protective equipment to first line responders. We are also providing equipment support (oxygen cylinder, ventilators, computers, laptops etc.), hospital beds, curtains, bedsheets, pillows, ambulance support for travel and other essentials. To some healthcare facilities. **2. Mobile Medical Units:** DFY is now running 8 Mobile Medical Units across 3 cities (Mumbai, Delhi, Vijayawada) for contact tracing and screening of COVID-19 patients in high risk neighbourhoods and is planning to expand it to reach out to many more people in the coming weeks. **3. Isolation and Treatment units:** DFY is now running COVID-19 isolation and treatment units for mild and moderate patients in Mumbai, Delhi, Patna and Vijayawada. These facilities are intended to be a buffer and take the load of our tertiary centres and leave them with enough space to tend to

most critical patients- all the while giving excellent care to others in these state of art facilities with enough health professionals to closely monitor their progress.

Moreover, DFY is working on to set up a single 500 bedded isolation and treatment centre facility at Common Wealth Game Stadium in Delhi.

***DR Tuberculosis Centers ECG Machine Training and Support (Since 2019)***

To improve quality of care and treatment outcomes for Drug Resistant Tuberculosis (DR-TB) Patients. DFY has implemented the ECG Machine Training and Support project to ensure proper cardiac monitoring of the patients for any unwanted AE's enrolled under Nodal/District DR-TB centers and to ensure quality assurance and functionality of ECG machines installed at each Nodal/District DR-TB center in the states. The project is being implemented in Assam, Bihar, Karnataka, Kolkata, Jharkhand, Meghalaya, Nadia and Madhya Pradesh.



***Patient Provider Support Agency (PPSA) Project Bihar and Maharashtra (Since 2019)***

Under the Global Call to The END TB program WHO set the target of TB elimination by 2030, but the govt. of India has set the ambitious Goal of achieving this by 2025. To diagnose, test and treat each case of TB it was decide to track all TB patients getting treatment from Public or Private sector health

facilities. Govt. of India started PPSA project for early detection and treatment of all TB patients especially MDR TB. DFY has been working with the three State TB cell Maharashtra, Bihar & Assam under PPSA program. Key target under this program is Service Providers like Formal Doctors, Private diagnostic Laboratories, Diagnostic Service Centre and Pharmacies. Under this intensive community based program hundreds of DFY's field staff work every day in urban slums, cities, villages and hot spots of tuberculosis to track each TB cases, sputum collection T& transportation, get the TB confirmatory test done, confirmed TB patient registration on real time data base portal called Nikshay, check X-Ray, CBNAAT testing, treatment adherence, follow up and assigning treatment outcome at last.

**POSHAN - Supporting the nutritional requirement of Multi drug resistant TB patient (2016-2018)**

Project Poshan supported by Johnson and Johnson and RNTCP department aims to provide nutritional support & education to the patients of drug resistant tuberculosis (MDR/XDR) from 6 states of India. As compared to other TB virus, Drug resistant TB has frequently been encountered in India and its presence has been known virtually from the time anti TB drugs were introduced for the treatment of TB. The nutrition are provide to underprivileged families who are struggling to cope up with the medical expense. Till now the programme has benefitted more than 1500 MDR TB patients across 6 states.



**Bandipora (Jammu and Kashmir) Rehabilitation Project (2015-2016)**

Under the CII funded project DFY has constructed 500 Toilet units for individual households residing near Wular lake of Bandipora district, Jammu and Kashmir. Bandipora district of Jammu & Kashmir is a potential flood zone and also face multiple development issues like high infant mortality, under-development, malnutrition, frequent disease outbreaks, consumption of contaminated water and poor sanitation like open defecation, lack of toilets, etc. To change this condition, CII and DFY had launched a community based risk reduction project in ten villages to develop sustainable health practices and mitigate or alter the nature of health risks during normal time and also during emergency. The project was coordinated by working with five departments - Panchayat, ICDS (Aanganwadis), Public Health



Engineering, Education (Schools) and Health facilities (SCs & PHCs). The project was broadly based on

three major sections i.e. Health, Disaster risk reduction and WASH (Water, Sanitation and Hygiene) through health centres, training and capacity building programmes, WASH promotion activities and construction of toilets.

### ***Cancer Care Program (2017-2019)***

Even though the rate of cancer cases is increasing, the level of awareness remains very low. Doctors For You in collaboration with TATA Trusts and ACCF provided handholding support to conduct screening in Oral, Breast and Cervical Cancer by health staff in facilities across Barpeta, Kamrup Rural, Nagaon, Jorhat and Dibrugarh in Assam; and 4 districts in Rajasthan. The organization has screened more than 20000 beneficiaries during the project period in Assam and Rajasthan.



The organization also contributed in strengthening referral and follow up services through the project.

More over DFY has also conducted health facility assessment of more than 70 facilities ranging from sub-centres to PHCs for cancer screening preparedness during the project period.

### ***Model Anganwadi Project (Since 2019)***

This project was implemented to introduce energy efficient solution to make Model Anganwadi's by providing energy efficient solutions that will strengthen the methods of service delivery, improve the overall built environment of AWC and to support AWW's in better delivery of services (read AWW+Anganwadi Sevika hereafter) - through making better built in facility available in AWC, early education delivery system enhancement, enabling implementation of suggestions in Poshan Abhyan. Strengthening these centers will directly benefit health, nutrition and education indicators.

The project is being implemented in 60 AWC's in Bihar and Kerela. Through the creation of Model Anganwadis, this project aims to provide sustainable solution that could enable Anganwadi workers to provide better services and make the services more accessible.

## **B. Training and Capacity Building**

### ***Disaster Management Training's (2012-2016)***

Doctors For You helps equip communities with the knowledge, skills and tools they need to be ready when a disaster strikes. Doctors For You in collaboration with Assam State Disaster Management Authority has has trained more than 4000 personnel in disaster management which includes Doctors, Paramedics, ASHAs, Anganwadi Workers, Teachers, Panchayat members, Defence personnel and

other stakeholders of community in all districts of Assam. There are different training modules which the organization has developed over years of disaster response experience and research. The modules includes trainings on-

- Hospital Preparedness and Mass Casualty Management
- Mass Casualty Management
- Public Health in Emergencies
- Community Based Disaster Preparedness



In Assam the organization had also conducted Emergency Management Exercise (EMEx) which is a week-long exercise conducted to test the response mechanism that is in place in a disaster-prone city/town. The exercise involves trainings, workshops and mock scenarios participated by various professionals which includes hospitals, health professional, educational institutions, humanitarian agencies, state agencies and professionals working in related field. EMEx provides for efficient disaster preparedness in a city which is vulnerable to multi-hazards.

Moreover the organization has also conducted trainings on disaster management with Jharkhand State Government, Uttarakhand and Jammu and Kashmir National Health Systems Resource Centre Departments.



**GARIMA – Hygiene Technician’s Skilling Programme, SOAP FOR HOPE and LINEN FOR LIFE (since 2016)**

With the growing economy and expanding job opportunity, there is a growing demand for a skilled workforce. The youth applying for these jobs often lack the required skills to execute them effectively. In addition youth from marginalized community are often unaware of job prospects and opportunities that will help them make a steady living. Thus unemployment tends to continue to raise and the cycle of poverty is perpetuated.



To overcome the cyclic issue DFY works with Diversey in setting up vocational of training centres The program provides a comprehensive 5-6 days training which skills the youths to work in advance setting like hotels and corporate housekeeping. The program is specifically designed for low educated youths who are unable to afford the fees of such skill trainings.

Additional to the training the program also supports in placement for the youth. Where the program gives a holistic growth to the underprivileged community. The program of this kind requires an effective selection of candidates. The candidates are to be handhold not only for the training but are also to be guided through the employment. The project has reached to > 60,000 beneficiaries in selected areas of

DFY’s field sites in Pan –India.

Moreover DFY with support Diversey has been running SOAP FOR HOPE, LINEN FOR LIFE centers in Delhi, Chennai, Bihar and Mumbai since 2016. Over 7 million children die each year from diseases that can be prevented with simple hand washing. And every year, a typical 400-room hotel generates 3.5 tons of solid soap waste. That waste either goes to landfill, or is shipped to a global recycling facility, costing hotels hefty fees. Soap for Hope which teaches at-risk communities to salvage the hotels' soap slivers and turn them into new soap bars.





### ***Bihar Emergency Obstetric Care Project (2014-2015)***

DFY has an important role in maternal and child health care in Bihar. The project supported by CARE, India was aimed to build frontline health workers' skills, knowledge, and capacity to provide effective, low-cost, evidence based emergency obstetric surgical care and anaesthesia interventions to directly reduce death and disability among women and children. The project was targeted to increase the use Lower Segment Caesarean sections, as opposed to Classical Caesarean sections, overall increase the rate of Caesarean sections, Increase in the use of Spinal anaesthesia as opposed to the Open ether anaesthesia and attempts to increase the capacity of level 3 health facilities to handle complicated obstetric emergencies.



### ***Capacity Building of Public Sector on the Management of TB and DR-TB (Since 2020)***

This project was implemented to ensure regular capacity building of health care providers working in the space of RNTCP program on the DR-TB management. One day workshops on "Management of TB and DR-TB are organized for Nodal committee members, MOTC, DTOs, DR TB Coordinators of linked districts. These workshops are facilitated by WHO consultants, STDC (State TB Training and Demonstration Centre) and/or State TB Office and state level experts. These workshop are organized quarterly for every nodal centre in respective states. This project is currently being implemented in MP, Bihar and Assam.

### ***C. Disaster Response and Recovery***



### ***Bihar Flood relief work 2008***

"Doctors for You" was one of the first organizations to respond to the SOS of people in Bihar during the August 2008 floods. Armed with infrastructural support from the Indian Railways and in association with other NGOs such as Mercy Malaysia, DFY launched a massive medical relief & rehabilitation operation.

### Assam Ethnic violence relief work 2012

DFY in association with TISS, Mumbai responded to this biggest humanitarian crisis post-independence. DFY was the first medical team to reach the crisis zone and implemented MISP (Minimum Initial Service Package) targeting Reproductive Health needs of the community for the first time in India. More than 46,000 inmates and more than 700 pregnant women were benefited.



### Uttarakhand flood relief work 2013



DFY's medical response was implemented in two disaster affected blocks of Rudraprayag district namely Ukhimath and Augustmuni block. This initiative was supported and funded by UNICEF. The core objectives of this project were to provide primary health care and reproductive health care services in Ukhimath and Augustmuni block and second objective was Capacity building of the community in Public health in emergencies & basics of CBDP.

### Goalpara Flood Response 2014

The DFY-NERO (North East Regional Office) was also involved in Goalpara Flood response. In the month of September 2014, Assam's Goalpara district was severely affected by flash floods leaving more than 4 lakhs people affected. As per the data collection and recommendation of the Initial Health Cluster Assessment in the flood affected areas Doctors For You launched its medical health response for the population and organised health camps in 12 clusters covering 24 no. of villages



### Jammu & Kashmir Flood relief 2014



DFY has been actively involved in responding to J&K flood of 2014. From September 2014 to now DFY had successfully implemented 12 active programmes and served over 27,000 beneficiaries. The most significant activity is the state wide training program where DFY has partnered with NHM and conducting training in three level; state, district and block. On a whole training over 70 state level trainers 800 district level trainers (all 22 district) and 1250 ASHAs (6 district) on ground, further the trainers would further train 12000

ASHAs. DFY is also supporting 75 flood affected facility with medicine, equipment and heating arrangements.

### ***Kokrajhar Ethnic Violence response, 2014***

In response to the December 2014 Kokrajhar violence, DFY-NERO had done an immediate assessment and soon started health services for the affected population. DFY conducted health camps in the relief camps of Kokrajhar under Gossaigaon subdivision. Apart from this DFY emphasised on Reproductive health care for the camp inhabitants. Delivery kits were distributed among the pregnant women and ASHAs were provided orientation on camp and institutional deliveries. Health and hygiene talks were conducted in camps. De-worming, WASH awareness, water testing and chlorination, distribution of hygiene and dignity kits (for women) along with primary health checkups were DFYs major focus in Kokrajhar violence response work.



### ***Nepal Earthquake Relief Operations, 2015***



DFY is at present involved in relief and rebuilding operations in the massive earthquake of Nepal that occurred in the last week of April, 2015. After rapid initial assessment DFY launched its health care services for the earthquake affected people in Nepal through health camps. Subsequently DFY has registered itself with the Government of Nepal for a coordinated relief work. DFY has also established partnership with DRI, QCRS, local organization PATA; and with the

district health authority of Nuwakot district. Supporting the district health outpost of Nuwakot district for restoration of health services and health outreach activities through.

Mobile Medical Units are the two major programs of DFY in Nepal. DFY is also associated with Qatar Red Crescent Society (QCRS) to run a field hospital in Trishur. With the support from Nuwakot district authorities a school health program is also being initiated through which WASH awareness, Vitamin A supplementation and De-worming programs are organized in various schools of the



district. With the support from the Government of Nepal DFY is planning to scale up its services in Nepal for through restoration of health services and extensive capacity building training programs.

### **Lower Assam Flood Response, 2015**



DFY-NERO carried out health care response in three districts of Lower Assam, i.e. Kokrajhar, Dhubri and Bongaigaon. The one month health care response in these three districts covered initial rapid assessment followed by village level health camps, water testing, chlorination; health and hygiene talks, deworming and water, sanitation and hygiene campaign.

### **Tamil Nadu Flood Response, 2015**

The December 2015 floods in Chennai devastated the whole city. In response to the Chennai floods, DFY sent a team of doctors to Tamil Nadu on 7th December 2015 for initial rapid assessment. Based on the assessment DFY identified critical work areas in the districts of Cuddalore, Thiruvallur and Chennai city. The medical camps began in Chennai from 11th December, in Tiruvallur district from 21st December, and Cuddalore district from 24th December 2015. These medical camps are being organized to benefit those whose accessibility to healthcare is poor and also to prevent onset of diseases which a post-disaster area is prone to. To prevent the worm infestation due to water contamination, the team also started with deworming camps in Cuddalore district in the last week of December. DFY is also promoting child health awareness through IEC activities and specialized health camps in schools and Anganwadi centers. DFY also volunteered to provide technical support to the government of Tamil Nadu.



### **Bihar Flood Response, 2017**

Doctors For You responded to Bihar Floods in Bettiah and Araria Districts of Bihar. DFY provided medical relief to the affected population by setting up medical relief camp for the affected population and their families. Local doctors including volunteers and support staffs experienced in disaster relief work were mobilized to the affected sites, for

providing care to needy population. Apart from health camps, the organization catered to the needs of reproductive health needs of women along with Water, Sanitation and Hygiene services in the identified areas. The team also provided Vitamin A supplementation to the children's in the affected areas.

### **Kerala Flood Response, 2018**

In the aftermath of Kerala Floods, 2018, DFY has implemented a project name 'Integrated Child Survival Intervention (CSI) the objective of which was to promote **good practices of IYCF** to prevent malnutrition, promote **protocol based management of diarrhoea** among children, promote **water sanitation & hygiene practices** in the community, and Capacity building of WCD & Health Department officials on integrated Child survival program.



Under the project nutritional screening of SAM MAM children were conducted along with food support by the team; WASH promotion, demonstration and WASH structure cleaning activity; IYCF training to pregnant and lactating mothers; distribution of multivitamin tablets to pregnant women through health camps and government hospitals; and training and capacity building of frontline healthcare workers on (CSI) for future disaster preparedness were conducted.

### **Responding to Multiple Disasters in 2019**



In the year 2019 Doctors For You has responded to a series of disasters right from AES response in Muzaffarpur to floods in Muzaffarpur, Sitamarhi, Patna in Bihar; Sangli floods of Maharashtra; Barpeta, Sonitpur floods in Assam; and Super Cyclone Fani in Odisha.

The organization has been involved in large number of activities starting from relief distribution, WASH activities, restoration of Anganwadi centre services, conducting mobile health camps and support to healthcare

facilities.

### **Responding to COVID-19 in 2020**

Covid-19 has emerged as global pandemic affecting almost the entire globe. This has tested public health preparedness to the optimum level even in developed countries who are still struggling to deal with the situation. Doctors For You has been responding to this pandemic since its beginning under three approach – 1. Trace and Test, 2. Treat, and 3. Health System Strengthening. Currently we are working in 15 states of India and supporting the government



for COVID-19 risk reduction and treatment measures. Our COVID-19 projects has benefitted > 2 lakhs beneficiaries across different states. COVID related activities include – Screening and testing, community awareness activities, establishing and running COVID-19 isolation and treatment centers, providing PPE materials for healthcare workes and hospitals, and training capacity building etc.

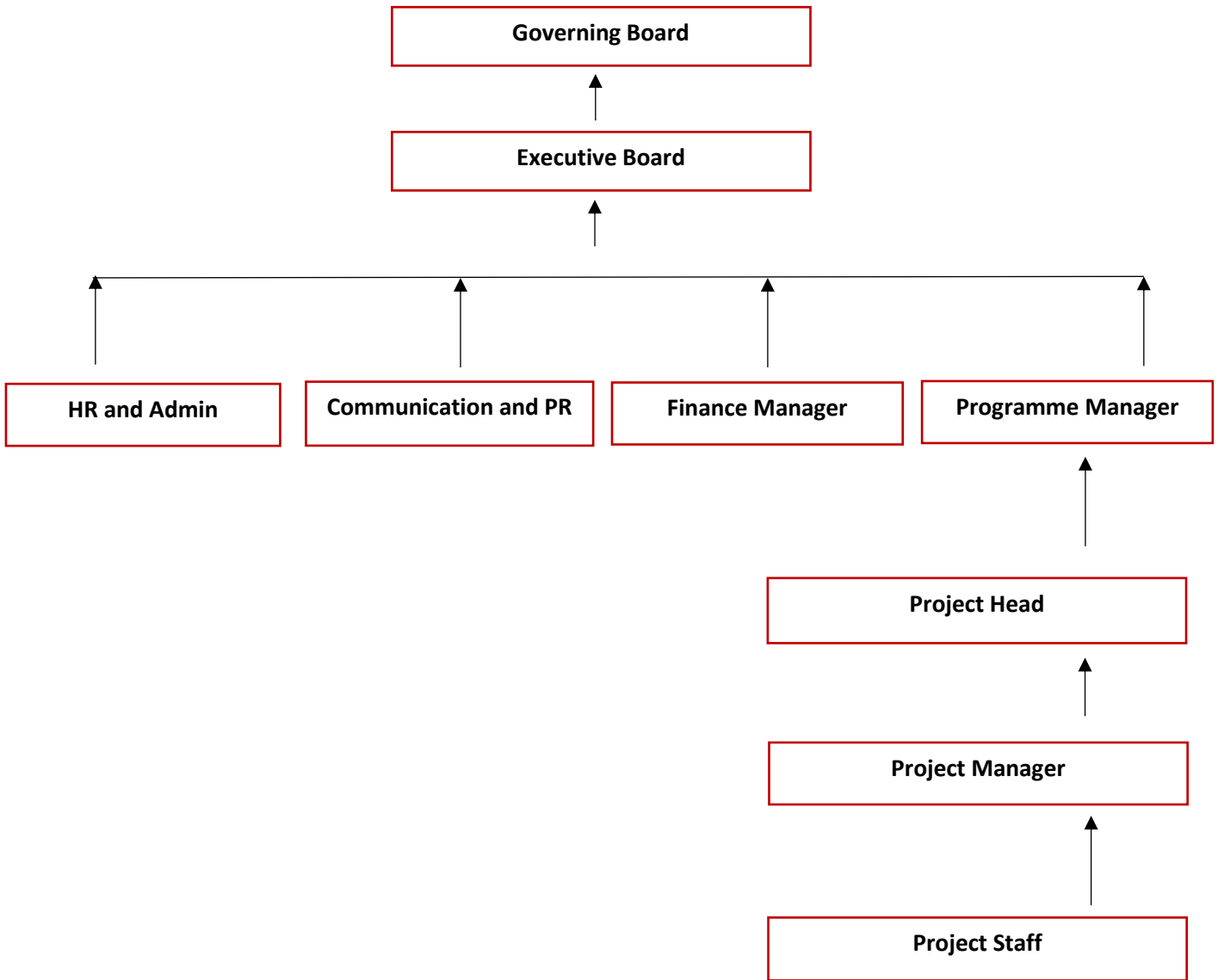
#### **D. Research and Documentation**

In March 2015, DFY also established a new research centre. The centre aims to develop various research based project and convert its field knowledge to the intellectual property for the larger benefit of academia as well as humanitarian organizations.

The very first project of this centre was launched during the Nepal earthquake where along with Nepal earthquake response, DFY research centre decided to conduct research on various disaster aspects, public health issues, ground assessment and its impact to identify gaps and which will help to develop strategies for future programmes. The data and observation emerged from these studies will be beneficial not only for organization but also to the overall knowledge and literature in disaster field.



## Organizational Structure



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