

Newsletter

DOCTORS FOR YOU

October, 2025

GURUGRAM - DELHI (NCR) HUMANITARIAN RESPONSE

Supported by: IMC



As the Yamuna river overflowed during heavy monsoon rains, many communities in **Gurugram and Delhi-NCR** were left stranded, homes submerged, and daily life disrupted. Sugni and her family, like countless others, faced sleepless nights amid rising waters.

Amid this crisis, Doctors For You (DFY), in partnership with **IMC**, sprang into action. Through **10 Health Camps**, **medical teams treated 693 affected residents**, while **23 Awareness Sessions** reached **1,212 community members**, teaching hygiene practices and preventive care. Families received **Blankets, Mosquito nets, and Sanitary pads**, easing immediate hardships.

Despite heavy rains and coordination challenges, the team ensured care reached the most vulnerable. Each intervention strengthened health, restored hope, and built resilient communities ready for the future.

BRINGING ADVANCED HEALTHCARE CLOSER TO COMMUNITIES

Supported by: HCLF



Our team had the privilege of visiting the **Greater Noida Institute of Medical Sciences**, where a **DEXA facility** and a **state-of-the-art physiotherapy unit** are being established under the CSR initiative of **HCL Foundation**. This initiative aims to enhance access to advanced diagnostic and rehabilitation services, ensuring that quality healthcare is brought closer to communities in need. Once operational, the facility will play a crucial role in supporting early detection, improved recovery, and better health outcomes for patients.

INAUGURATION OF “AASTHA HELPDESK” AT AIIMS DELHI

A CSR initiative by: Pfizer



On **15th October 2025**, AIIMS Delhi inaugurated the “**Aastha Helpdesk**” in the Pediatrics OPD to assist patients with **Rare Diseases**. The initiative, launched by **Dr. Nirupam Madaan** and attended by **distinguished experts and partners from AIIMS, Pfizer India, and Doctors For You**, aims to enhance patient support and streamline care for children with rare conditions.

DFY UTTAR PRADESH TEAM SHOWCASES BEST PRACTICES AT NITI AAYOG SEMINAR



The **Doctors For You (DFY) Uttar Pradesh** team participated in the **Regional Best Practices Seminar for the North Region**, organized by **NITI Aayog**. The seminar served as a platform for knowledge exchange and collaboration among key stakeholders, where the DFY team highlighted impactful community health initiatives and innovative models of healthcare delivery implemented across Uttar Pradesh. The participation reflects DFY's commitment to advancing evidence-based practices and contributing to national health policy dialogues.

PULSE POLIO DRIVE

Supported by: UNICEF GAVI



Under the **UNICEF–GAVI** project “**Boosting Demand for Routine Immunisation and Reducing Zero-Dose Children,**” DFY supported the **Sub-National Pulse Polio Campaign on 12th October 2025 in Mumbai and Pune**. Through strong community engagement and partnerships, **249 booths** were set up across both cities, reaching over **51,000 children**. Activities such as school sessions, mosque announcements, and house-to-house visits helped promote polio vaccination and reinforce the importance of routine immunisation.

SPECIAL HEALTH CAMP

Supported by: BCJ Foundation



On **24th October 2025**, a Special Health Camp was successfully organized at the **B.C. Jindal Health Centre, Belur**. The camp brought together specialists from **General Medicine, Pediatrics, Gynecology, ENT, and Orthopedics**, offering comprehensive medical consultations and care. A total of **275 beneficiaries** availed services from the participating specialists. The initiative aimed to provide accessible, quality healthcare to the local community and was met with an enthusiastic response from attendees.

LAUNCH OF DEVANAHALLI HEALTH CENTER

Supported by: Boeing



In **October 2025**, Doctors For You (DFY) launched the **Devanahalli Health Center (DHC)** under the project “**Comprehensive Primary Health Care Model for Villages in Devanahalli Taluk, Bengaluru Rural.**” The center began operations on **1st October 2025**, offering general and specialist OPD services including dental, physiotherapy, optometry, and gynecology. During the first month, DHC conducted multiple health camps and awareness sessions, reaching over **550 beneficiaries**, and organized stakeholder meetings with ASHA workers, PHC staff, and local panchayat members to strengthen community coordination. The team also celebrated World Handwashing Day in local schools, promoting hygiene and disease prevention among children.

HCLF Employee Engagement Activity



As part of the HCL Foundation's employee engagement initiative, a **Chair Yoga Session** was organized at HCLF office to promote workplace wellness and mindfulness. The interactive session guided employees through simple stretching and breathing exercises that can be practiced at their desks to reduce stress and improve posture. The activity highlighted the importance of integrating physical and mental well-being into daily work routines, fostering a healthier and more energized workplace environment.

NUTRITION AWARENESS SESSION

Supported by: Star Chemicals



In October, the **DFY Mandala Health Centre** conducted an engaging **Nutrition Awareness Session** with participation from **53 community members**. The session focused on promoting balanced diets, especially for children and pregnant women, and provided practical guidance on healthy eating and essential nutrients. Participants shared positive feedback, expressing motivation to adopt healthier food habits, reinforcing DFY's commitment to improving community health and nutrition awareness.

GLOBAL HANDWASHING DAY

A CSR initiative by: WIPRO Cares



On **25th October 2025**, the DFY-Wipro Cares team celebrated **Global Handwashing Day** through **Awareness Sessions on Hygiene and Sanitation** at **Bhimwadi, Gautam Nagar, and Chikhalwadi, Indira Nagar**. With the theme **"Be a Handwashing Hero!"**, the sessions highlighted the importance of handwashing with soap in preventing diseases. A total of **175 beneficiaries (45 females and 130 children)** participated, and **40 hygiene kits** were distributed to encourage healthy practices. The event saw enthusiastic community participation, reaffirming DFY-Wipro Cares' commitment to promoting water, sanitation, and hygiene.

WORLD MENTAL HEALTH DAY

A CSR initiative by: Pfizer



In October 2025, Doctors For You (DFY) observed **World Mental Health Day** across its associated hospital centers to promote mental well-being and reduce stigma surrounding mental health issues. A total of **376 beneficiaries participated in awareness sessions, including 178 males and 198 females**.

Through interactive discussions, informational talks, and counseling-led sessions, DFY teams emphasized the importance of mental health care, early identification of stress and depression, and the need for open dialogue.

BREAST CANCER AWARENESS MONTH

Supported by: HCLF



As part of **Breast Cancer Awareness Month** in October, Doctors For You, in collaboration with the **HCL Foundation**, organized three breast cancer screening camps. During these camps, our doctors conducted awareness sessions on the importance of breast self-examination, regular screening, and recognizing early symptoms. A total of **69 women participated**, out of which **25 women were screened**. The sessions highlighted the crucial role of early detection in ensuring a higher cure rate and long-term survival, while also reducing the financial and emotional burden that breast cancer can place on families.

COMMUNITY MMU CAMP

Supported by: The Sheth Foundation



Doctors For You, with support from Dr. Sheth's Foundation, conducted **40 mobile health camps** and **40 Awareness Sessions in Bihar during August–October 2025**. Through these initiatives, **3,625 patients** received medical consultations, and **1,506 individuals** were sensitized on key health issues. The program reached a total of **5,407 direct beneficiaries** and an estimated **21,608 indirect beneficiaries**, strengthening community healthcare access and awareness in underserved areas.

DIWALI PAN INDIA 2025



STAFF OF THE MONTH



Name: Sandeep Chauhan

Designation: Central Admin

Doctors For You proudly recognizes **Sandeep Chauhan** as the **Staff of the Month** for his outstanding dedication, efficiency, and proactive approach in managing administrative operations. His consistent commitment to ensuring smooth coordination across departments, attention to detail, and ability to handle multiple responsibilities with professionalism have significantly contributed to the organization's functioning.

CONTACT US

For any feedback or inquiries please reach out to us at-



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