

Newsletter DOCTORS FOR YOU

January, 2026

MEDICAL EQUIPMENT SUPPORT AT AIIMS BHOPAL (SOFT LAUNCH) *Supported by: HDFC Bank Parivartan*



Doctors For You (DFY) successfully conducted the soft launch of medical equipment at AIIMS Bhopal under the CSR initiative of HDFC Bank – Parivartan, reinforcing its commitment to strengthening public healthcare infrastructure.

The launch event was graced by the Executive Director and CEO of AIIMS Bhopal, along with senior hospital officials and staff. Representatives from Doctors For You and HDFC Bank were also present, marking a significant milestone in the collaborative effort to enhance diagnostic and treatment capabilities at the facility.

ESSENTIAL HEALTH SERVICES TO TRUCK DRIVERS

Supported by: Kotak Mahindra Bank



A total of **11 health camps** were successfully conducted during the month of January across **Beltola (Guwahati), Ludhiana, Lucknow, Dankuni (Hooghly), Ranchi, Gorakhpur, Birbhum, Paradip, Parivahan Nagar (Matigara, Siliguri), Barbil, and Nanded**. Along with general health check-ups, the initiative also included specialized Orthopaedic, Ophthalmology, and Dental camps to address the specific health needs of truck drivers. Through these camps, **1,145 beneficiaries** received general consultations, **401** availed dental services, **404** received orthopaedic and physiotherapy support, and **444** benefited from ophthalmology care.

RESILIENCE IN THE FACE OF -7°C



Despite **heavy snowfall and extreme cold** reaching – 7°C, the Doctors For You Mobile Medical Unit continued its camp in Sopore, ensuring uninterrupted doorstep healthcare for vulnerable communities. The team focused on Non-Communicable Disease (NCD) screening, particularly for hypertension and diabetes, identifying several new cases and referring patients for timely follow-up care. The initiative served as a critical lifeline for residents who face difficulty accessing distant health facilities during harsh weather conditions.

HEALTH SCREENING CAMP FOR FACTORY WORKERS

Supported by: Ketto and Keller



DFY, as the implementing partner, successfully organized a medical health camp in **Jhajjar, Haryana** on **19 January 2026**, with the generous support of **Ketto and Keller**. The camp aimed to improve access to quality healthcare for underserved communities through comprehensive preventive and curative services. A total of **68 beneficiaries** were served through **general, dental, and eye consultations, along with essential diagnostic services including ECG, X-ray, and RBS & Hemoglobin tests**. Free medicines were provided to all beneficiaries, and spectacles were distributed to **9 individuals** requiring vision correction.

NITI AAYOG PARTICIPATION



A review meeting under the Aspirational Districts and Blocks Programme (ADP/ABP) was held on **14 January 2026**, chaired by the Additional Secretary & Mission Director, NITI Aayog, to assess progress made by development partners against their Statements of Intent and agreed action plans. The meeting focused on reviewing achievements, addressing implementation challenges, and aligning next steps for inclusive development. Additionally, participation was made in a **policy discussion on reducing the compliance burden for Section 8 companies**, highlighting the need for streamlined regulatory processes on **13 January 2026** to strengthen the functioning of not-for-profit organizations.

COMMUNITY ONCOLOGY INITIATIVE

Supported by: HCLF



Under DFY management, our oncology initiative continues to drive superior clinical outcomes by integrating early diagnosis with streamlined referral pathways. In **January 2026** alone, the department identified **20 new cases**, successfully transitioning 80% to specialized treatment. This builds on a high-impact Q4 2025, where outreach camps screened over **4,600 individuals**. By scaling screenings for breast, cervical, and oral cancers, the program proactively intercepts the disease, preventing late-stage complications through timely intervention.

HEALTHCARE INFRASTRUCTURE

Supported by: Boeing India



DFY and Boeing India officially signed **MoU on January 12, 2026**. This strategic partnership aims to enhance healthcare infrastructure at the **newest AIIMS Rishikesh**. Under this MoU, Boeing India will support the procurement and installation of **high-end diagnostic equipment**. This initiative is designed to provide advanced medical services to the underserved populations of **Udham Singh Nagar and Rudrapur**, ensuring critical diagnostic care is accessible closer to home.

CERVICAL CANCER AWARENESS MONTH

A CSR Initiative by : Pfizer



The **Aastha Cancer Helpdesk Centre** at Pan India level observed **Cervical Cancer Awareness Month** with focused activities to promote prevention, early detection, and timely treatment of cervical cancer. The team conducted awareness sessions, one-to-one counselling, and distributed IEC materials highlighting risk factors, symptoms, HPV vaccination, and the importance of regular screening such as **Pap smear and VIA tests**. Women beneficiaries were guided on available diagnostic and referral services. Male beneficiaries and caregivers also participated, encouraging a supportive, family-centred approach to screening and care.

Community Health Camp

Supported by: Ishwar Devi Khattar Team



Doctors For You (DFY) – Ishwar Devi Khattar Team conducted a **community health camp** on **20th January** at Natwar Parekh MHADA, Shivaji Nagar, to improve access to essential healthcare services and raise health awareness. The camp provided general check-ups, BP, RBS, hemoglobin testing, dental care, and malnutrition screening. A total of **87 beneficiaries** attended the general health camp and **55 received dental consultations**. Screenings identified cases of diabetes, hypertension, and **one child with moderate malnutrition**, ensuring timely care and referrals.

CSO STAFF INDUCTION TRAINING

A CSR initiative by: UNICEF



A two-day Induction Training of CSO Staff for Zero Dose Implementation was successfully conducted on **21st and 22nd January 2026** at YMCA, Mumbai Central. The training aimed to strengthen the capacity of CSO staff to identify, engage, and support zero-dose and under-immunized children under the GAVI Zero Dose program. The training brought together **CSO field staff and facilitators from UNICEF, the Health Department, and UPHCs**, fostering strong coordination and shared learning.

MEGA HEALTH CAMP WITH SPECIALIST SERVICES

A CSR initiative by: SLD



In collaboration with our valued donors and partners, the medical team successfully provided specialized consultations to **over 200 beneficiaries** at the **Kapashera Worker Resource Centre**. This multi-specialty initiative delivered holistic care across **General Medicine, Ophthalmology, Dentistry, Orthopedics, and Gynecology**. We extend our deepest gratitude to our clinical and support teams, whose dedication ensured the delivery of high-quality healthcare to the community.

SWACHH BHARAT ABHIYAN ACTIVITY

A CSR initiative by: SBI Foundation



Doctors For You, through the **SBI Sanjeevani Clinic on Wheels, Mumbai**, conducted a **Swachh Bharat Abhiyan** activity on **12 January 2026** at **Priyadarshini Vidya Mandir, Sion Koliwada**. The program focused on **promoting hygiene, menstrual health, and healthy eating habits among adolescents** through interactive WASH sessions, menstrual hygiene awareness, and discussions on **junk food versus nutritious food**. Essential cleaning materials were also distributed to support school hygiene. The activity directly benefited around **120 students** and indirectly reached over **50 teachers, staff, and family members**, strengthening awareness and encouraging students to promote cleanliness and healthy practices in their communities.

CASE STUDY : EARLY DETECTION LEADS TO TIMELY CANCER CARE

A CSR initiative by: HDFC ERGO

In January 2025, under HDFC ERGO's CSR-supported **Women Cancer Warrior (WCW)** Project, Doctors For You (DFY) conducted a cancer screening camp at **Kattinayanpalli village, Krishnagiri district, Tamil Nadu**, to promote early detection of breast, cervical, and oral cancers among women.

During the camp, **Mrs. Venkatamma (51 years)** participated in screening after encouragement from community mobilizers. Clinical examination by DFY's medical team identified a suspicious ulcer and fixed lump in her left breast, prompting immediate referral. Through DFY's established hospital linkage, she was guided to **Government Arignar Anna Memorial Cancer Hospital, Kanchipuram**, where further investigations and biopsy confirmed **Carcinoma of the Left Breast**.

Beyond medical referral, DFY provided end-to-end support, including counselling to address emotional distress, assistance with hospital procedures, and transportation support to ensure uninterrupted access to treatment. With timely diagnosis and coordinated care, she began **neoadjuvant chemotherapy** and has successfully completed **eight cycles**.

Grateful for the support, Mrs. Venkatamma and her family shared their appreciation with the team.

This case highlights how community outreach, early screening, prompt referral, and holistic patient support can significantly improve cancer outcomes and reduce barriers to care in rural communities.

DONOR VISIT

A CSR initiative by: WIPRO Cares



On **13 January 2026**, Doctors For You (DFY) hosted **Mr. Nakul Heble from the WIPRO CARES – Ecology CSR team** in **Gautam Nagar, Govandi, Mumbai**, under the WIPRO WASH project. The visit included a review of the first year's progress and a field assessment of on-ground activities. DFY renovated **two community toilet facilities**, implemented solid waste management and composting initiatives, and conducted hygiene awareness sessions, household visits, and focus group discussions.



STAFF OF THE MONTH



Name: Sudhir

Designation: Finance Manager

Doctors For You proudly recognizes Mr. Sudhir, Finance Manager, as the Staff of the Month for his exceptional dedication and meticulous financial stewardship. With a strong commitment to transparency, compliance, and efficiency, Sudhir has consistently ensured the smooth management of project budgets, timely reporting, and donor financial documentation.

CONTACT US

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