

Newsletter DOCTORS FOR YOU

February, 2026

ALS AMBULANCE TRAINING FOR MILITARY OFFICIALS

Supported by: Boieng



A specialized **Advanced Life Support (ALS)** ambulance training session was conducted for **military officials** in connection with the ambulance support provided to **Military Hospital Pathankot**. The training focused on hands-on orientation of ALS equipment, emergency response protocols, patient stabilization techniques, and effective utilization of life-saving devices within the ambulance.

The session aimed to strengthen pre-hospital emergency preparedness and ensure optimal use of the supported ambulance for critical patient care.

ESSENTIAL HEALTH SERVICES TO TRUCK DRIVERS

Supported by: Kotak Mahindra Bank



Doctors for You to conducted Pan-India Health Check-up Camp for truck drivers across states including **Haryana, Maharashtra (Mumbai), Assam, Gujarat, Chhattisgarh, Madhya Pradesh, West Bengal, Odisha, Rajasthan, Chandigarh, Hyderabad, and Tamil Nadu**. Recognizing drivers' vulnerability to vision issues, diabetes, hypertension, cardiac and musculoskeletal conditions, the camps provided **free consultations, diagnostics (ECG, X-ray), dental and physiotherapy assessments, medicines, spectacles, and cataract surgery support**. In February, 20 camps benefited 2,250 drivers.

BUILDING LIFESAVING SKILLS : ONE-DAY FIRST AID TRAINING

Supported by: HCLF



A one-day First Aid Training Session was successfully conducted on **23rd February 2026** at **Sarah Institute of Medical Sciences, Bandipora**. The session was facilitated by **Dr. Itinderpal Singh, National Master Trainer (First Aid)**. The training witnessed enthusiastic participation from **approximately 250 students**, who received hands-on learning on essential first aid principles, emergency response techniques, and life-saving skills. Interactive demonstrations, practical exercises, and scenario-based discussions enabled participants to build confidence in managing common medical emergencies until professional care is available.

HEALTH SCREENING CAMP FOR FACTORY WORKERS

Supported by: Landmark



Doctors For You (DFY), as the implementing partner, successfully organized multiple medical health camps across **Maharashtra, Bengaluru, West Bengal, and Gujarat** during February 2026 within different factories . Through these camps, a total of **2,500 beneficiaries** received services including general medical consultations and eye examinations, along with the **distribution of spectacles** to individuals requiring vision support.

STRENGTHENING SUPPORT FOR SAMPOORNATA ABHIYAN 2.0 IN BIHAR



Danone's CSR project **Swastha Mata Swastha Balak**, implemented with Doctors For You, is active across eight districts of Bihar, including **Muzaffarpur, Sitamarhi, Vaishali, Sheikhpura, Samastipur, Siwan, East Champaran, and Buxar**. The DFY team participated in **inauguration events** of **NITI Aayog's Sampoornata Abhiyan 2.0** during **January–February 2026**, attended by key government officials, frontline workers, and community stakeholders. The project continues to support **Maternal and Child Health outcomes** through **ANC/PNC services, VHSND facilitation, anaemia screening**, and related interventions aligned with the campaign's development goals.

5TH WIPRO HEALTHCARE PARTNERS' FORUM 2026 PARTICIPATION



The **5th Wipro Healthcare Partners' Forum**, held from **February 16–18, 2026** at **Azim Premji University**, convened around **120 participants from 28 partner organizations across India, including Doctors For You**. Organized by Wipro Foundation, the forum featured expert-led discussions, technical sessions, and interactive workshops focused on strengthening community health systems through collaboration, evidence-based practices, and shared learning. Innovative approaches such as game-based learning and implementation research workshops were also highlighted, while Wipro Foundation **showcased DFY's best practices at the exhibition**, reflecting its impactful program implementation.

DFY STRENGTHENS CANCER CARE & PATIENT SUPPORT INITIATIVES *A CSR Initiative by : Pfizer*



- On **30th January 2026**, DFY, through the **Bridge the Gap** initiative, handed over **20 wheelchairs** to **Safdarjung Hospital**, strengthening preparedness and emergency response capacity at the Emergency Block.
- Marking **World Cancer Day** on **4th Feb 2026**, the **DFY Cancer Aastha Help Desk** participated in a mega **cancer awareness drive**, sensitising communities nationwide on the importance of early detection and prevention of cancers.
- On **21st Feb 2026** DFY Aastha team also engaged with **rare disease patients** during a **Rare Disease Awareness Workshop** organised by the **Division of Genetics, Department of Paediatrics** at **All India Institute of Medical Sciences New Delhi**, conducting interactive activities and providing supportive engagement to patients and caregivers.

DFY JAN SEHAT CLINIC, SANGAM VIHAR, DELHI-MEGA HEALTH CAMP *Supported by : DBS*



A Mega Health Camp was successfully organized at DFY Jan Sehat Clinic, Sangam Vihar, Delhi on 22nd February. A total of 274 beneficiaries were served during the camp. Service Details-

- Ophthalmology OPD: 119 patients
- Pediatrics: 23 patients
- General OPD: 32 patients
- Menstrual kit distribution- 100 beneficiaries

All beneficiaries received OPD services. Along with clinical consultations, menstrual awareness, general health, and hygiene awareness sessions were also conducted.

STAFF TRAINING ON BIOMEDICAL WASTE MANAGEMENT *Supported by: BCJF*



A training session on **Biomedical Waste Management and Proper Dustbin Usage** was conducted by **Dr. Shubham** to promote correct waste segregation practices at **MDJ Health Centre**. Staff were oriented on the **use of yellow, red, and blue color-coded bins** and the importance of segregation at the point of generation to **prevent infection** and ensure safety. The interactive session enhanced staff awareness and strengthened compliance with biomedical waste management protocols in the facility.

ORAL HEALTH PROMOTION & PREVENTIVE CARE DRIVE *Supported by: Sensodyne & Haleon*



On 26th February 2026, Doctors For You organized an **oral health promotion drive** focused on preventive care and awareness. **Chlorhexidine mouthwash and gum paint** were distributed to beneficiaries to support the management of gum infections and improve oral hygiene practices. An engaging **awareness session** highlighted proper brushing techniques, early signs of gum disease, and the importance of regular dental care—empowering the community to take charge of their oral health with approx. 40 beneficiary.

NCD & ANAEMIA SCREENING DRIVE – M-WARD, MUMBAI *A CSR initiative by: Lubrizol*



“Strengthening Community Health through NCD and Anaemia Screening and Awareness in M-Ward, Mumbai, MMU-based camps are being conducted for screening of **hypertension, diabetes, and anaemia**, along with **free consultation, medicines, counselling, and referrals**. In February 2026, awareness sessions were held in **Ramabai Colony (40 participants)** and at **Sungrace High School, Lallubhai Compound (80 adolescent girls)**. Activities included **haemoglobin testing, counselling on menstrual hygiene, hand hygiene, and iron-rich nutrition**. The initiative successfully promoted early detection, healthy practices, and improved health awareness among community members and adolescent girls.

IMPACT ASSESSMENT CONDUCTED IN MANDALA, M-WARD *A CSR initiative by: SBI Foundation*



On 28th February 2026, an **Impact Assessment** under the **SBI Sanjeevani** initiative supported by **NSDL** was conducted at **Mandala, M-Ward, Govandi**, covering **100 beneficiaries**.

The activity included **MOPD consultations** by an **MBBS doctor** and a focused **nutrition awareness session** by a **Dietician** on **ANC care** and healthy dietary practices during the **Ramzan period**. Refreshments were provided to participants.

WORLD CANCER DAY CELEBRATION



On 4th feb occasion of world cancer day the DFY Ishwar Devi Khattar team organized cervical and Breast Cancer Screening , HB ,BP ,RBS check up Camp with the support of Reliance Foundation team . The camp was conducted to promote women's health awareness and early detection of cervical and breast cancer. During the camp, beneficiaries received health screening, basic counselling, and guidance regarding preventive care and early diagnosis.

A total of 62 beneficiaries participated in the screening camp. 21 womens cervical cancer screening& other breast cancer screening. The activities were carried out smoothly with proper coordination and support from the team.

MONITORING VISIT – BILHA CHC, CHHATTISGARH *A CSR initiative by: HDFC BANK*



A monitoring visit on 13th February 2026 assessed the proposed 3-bed ICU setup at MCH, Bilha CHC. Discussions with the BMO highlighted space optimization and additional infrastructure requirements, with a revised list to be shared by the hospital. January service data indicated a high patient load, including 3,500 OPD cases and 124 deliveries. Nursing staff identified key gaps such as lack of ICU doctor, essential medicines, monitoring space, and adequate staff facilities.



STAFF OF THE MONTH



Ajit Singh is recognized as Staff of the Month for his dedicated involvement in multiple field activities across Bihar Health Centre. His strong coordination, consistent field presence, and commitment to community engagement ensured smooth implementation of project interventions. His proactive approach and team spirit significantly contributed to strengthening on-ground impact.

CONTACT US

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