

Newsletter

DOCTORS FOR YOU

2025 Snapshot: Key Highlights & Impact

DEC, 2025



“On behalf of Doctors For You (DFY), I would like to express my heartfelt thanks to our generous donors and partners. Your unwavering support allows us to reach communities that need care the most—bringing healthcare, hope, and dignity to people often left behind. Every intervention, every camp, and every life touched is made possible through your belief in our mission and your commitment to standing with us. We are deeply grateful for your partnership and trust. Together, we continue to make a meaningful difference in the lives of thousands, working toward a healthier and more equitable future.”

Dr Rajat Jain, President
Doctors For You



Grateful to Our Valued Sponsors & Donors for Helping make 2025 a Success and Empowering Futures Together



Launch Mobile Oral Health Care Unit in North West Delhi



Doctors For You (DFY), in partnership with Haleon, launched the Mobile Oral Health Care Unit in North West Delhi, inaugurated by Dr. Rajni Saini, CDMO – North West Delhi. The initiative brings essential oral healthcare services directly to underserved communities, with a special focus on children, prevention, early detection, and awareness. Inauguration activities included oral health quizzes, brushing demonstrations, hygiene awareness sessions, and small gifts for children. The mobile unit will provide on-site dental check-ups, preventive guidance, early referrals, and school and community outreach. Currently, four mobile dental vans operate across Delhi, Noida, Mumbai, and Agra, aiming to reach approximately 20,000 beneficiaries and promote healthier smiles.

PPSA (Patient Provider Support Agency)



Doctors For You (DFY), in collaboration with NHM and State TB Cells, is implementing the Public-Private Support Agency (PPSA) project across 80 districts in Maharashtra, Uttar Pradesh, Bihar, Delhi, Gurugram, and Odisha.

As of 22 December, the project achieved 210,905 TB notifications against a 2025 target of 214,519, reaching 98% overall achievement as per Nikshay data. Uttar Pradesh (115%) and Maharashtra (101%) surpassed their targets, while steady progress continues in Bihar, Delhi, Gurugram, and Odisha.

The PPSA initiative strengthens TB notification, treatment linkage, and adherence through effective public-private collaboration, contributing to India's TB elimination goals.

CT Scan Machine Inauguration



A CT Scan Machine was inaugurated at VMMC & Safdarjung Hospital, New Delhi, by Dr. Sandeep Bansal, Director, Safdarjung Hospital, strengthening the hospital's diagnostic capabilities. Doctors For You (DFY) expresses sincere gratitude to PTC India Ltd. and PTC Foundation for their support under the CSR initiative.

This vital addition will enable timely and accurate diagnosis, improve patient care, and enhance healthcare delivery at one of India's leading public hospitals.

Drug Resistant Tuberculosis Project (DRTB)



Doctors For You (DFY), in partnership with MMRDA and the District TB Centre, Govandi, operates a free Drug-Resistant TB (DR-TB) Outpatient Department under the NTEP NGO-PP scheme, serving vulnerable communities in Govandi—one of Mumbai's highest TB-burden areas.

The centre provides free diagnosis, treatment, medicines, and follow-up care, reducing out-of-pocket costs. Key services include patient counselling and registration, pretreatment evaluation (ECG and diagnostics), treatment initiation, adverse drug reaction monitoring, coordination with government TB units, and Nikshay-based reporting. 261 patients initiated on treatment, 1,895 follow-up visits 589 ECGs | 244 pretreatment evaluations | 774 X-rays

Project Aastha (Handholding Cancer & Rare Diseases Patients)



Project Aastha, a CSR initiative by **Pfizer** implemented by **Doctors For You (DFY)**, supports patients across their diagnosis, treatment, and rehabilitation journey. Its Cancer Helpdesk operates across **15 hospitals**, including Tata Memorial Hospital (Mumbai), Dr. B. Borooah Cancer Institute (Guwahati), Homi Bhabha Cancer Hospital (Varanasi), IGIMS (Patna), Gujarat Cancer Research Institute (Ahmedabad), RCC Raipur, Safdarjung Hospital (Delhi), AAMCH (Kanchipuram), Victoria Hospital (Bengaluru), Cancer Institute Adyar (Chennai), SMS Jaipur, SMHS Srinagar, HBCH Muzaffarpur, JIPMER Pondicherry, and Malabar Cancer Center (Kannur).

The **Rare Disease Helpdesk** supports patients at AIIMS Delhi, AIIMS Bhopal, Maulana Azad Medical College (Delhi), IGICH Bengaluru, and NIMS Hyderabad.

Project Aastha has **supported 8.6 lakh+** patients, **facilitated treatment for 7.2 lakh+ beneficiaries**, and conducted **2 lakh+ counselling sessions**, providing vital financial, nutritional, and psychosocial support nationwide.

1766 Beneficiary provided protein powder to cancer patients to combat malnutrition, support recovery, and improve treatment outcomes.

Cancer Screening – OBC



With support from the CSR initiative of **Pfizer Healthcare**, **Doctors For You (DFY)** implemented a cancer awareness and screening program at Primary Health Centers in **Chennai and Visakhapatnam**, focusing on **oral, breast, and cervical cancers** covering beneficiary count of **21,574**. The initiative promotes early detection and prevention through regular screening camps and targeted awareness activities, strengthening access to essential cancer care at the primary healthcare level.

Project Roshini



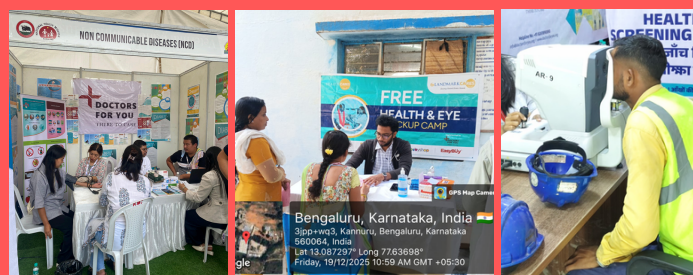
Supporting Women Cancer Warriors – Promoting Awareness & Early Detection - A CSR initiative by HDFC ERGO

Doctors For You (DFY) conducted cancer awareness and screening across districts in Tamil Nadu & Puducherry, targeting women 30+ and marginalized groups.

- **6327 awareness camps reached 172682 Beneficiaries**
- **718 screening camps screened 72475 women**
- **120 confirmed cancer cases identified; 98 women received breast prostheses**
- **Capacity Building Event for Healthcare Workers with more than 100 participants.**

The initiative promotes early detection of breast, cervical, and oral cancers with HIV/AIDS screening, ensuring timely referral and treatment, empowering women through access to critical healthcare, to take charge of their health and well-being.

NCD Camps



Doctors For You (DFY) conducted nationwide NCD and preventive health camps in partnership with **Siemens Healthineers, Landmark, Ketto, Keller, and Flipkart Foundation**, improving early detection and access to care for vulnerable and working populations.

Key achievements include training **93 healthcare workers**, screening **~7,000 individuals**, linking **1,900+ patients to treatment**, reaching **3,666 factory workers through workplace camps**, distributing **728 free spectacles**, and extending services through pan-India and E-Kartavya health camps.

DFY Health Centres

Doctors For You (DFY) supports and operates health centres across multiple states, strengthening access to essential healthcare services for underserved and vulnerable communities. These centres function as community-level healthcare hubs, complementing public health systems and ensuring continuity of care.

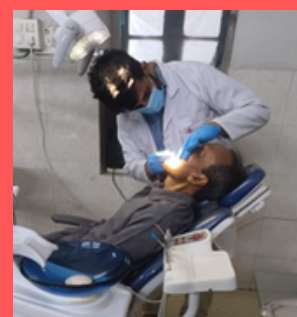
Key Services Provided at DFY Health Centres include:

- Outpatient consultations and primary healthcare services
- Maternal, newborn, and child health services
- Basic laboratory diagnostics and sample collection
- Dialysis and emergency medical services
- 24x7 ambulance and referral services
- Preventive healthcare, screening, and early diagnosis
- Health awareness, counselling, and community outreach
- Emergency response and disaster preparedness support



DFY-supported Hospitals and Health Centres include:

1. Meena Devi Jindal Medical Institute and Research Centre, New Delhi - Approx 13,000 Beneficiary
2. CH Pulwama, Jammu & Kashmir
3. Vistex Hospital, Masarhi, Bihar - Approx 32,000 Beneficiary
4. MMRDA–Natwar Parikh Healthcare Centre, Maharashtra - Approx 12,000 Beneficiary
5. Mandala Health Centre, Mankhurd, Mumbai - Approx 8000 Beneficiary
6. BC Jindal Health Centre, Belur, Howrah, West Bengal
7. BC Jindal Health Centre, Angul, Kolkata
8. MRVC–Jindal Health Compound, Govandi, Mumbai - Approx 44,371 Beneficiary
9. Allopathy Health Centre, Mahul - Approx 3000 Beneficiary
10. 24x7 Emergency Ambulance Services, Mahul & Rasayani - Approx 200 patients
11. KPCY Lehlanka Hospital, Yelahanka, Bengaluru - Approx 3000 Beneficiary
12. New Community Health initiative in Sangam Vihar, Delhi, - Approx 12,000 Beneficiary
13. Devanahalli Health Centre, Karnataka - Approx 2000 Beneficiary
14. Almora Health Centre, Uttarakhand - Approx 4000 Beneficiary



Through these centres, DFY enhances access, affordability, and quality of healthcare, particularly for marginalized populations, while supporting health system strengthening at the community and institutional levels.

With Chronic Kidney Disease (CKD) rising rapidly in India, Doctors For You (DFY) has stepped in to provide a critical lifeline—quality dialysis care to the most underserved. Since 2023, DFY has operationalized dialysis units across Seven key states, ensuring that no patient is denied treatment due to geography or financial constraints.

1. District Hospital, Dimapur, Nagaland – 14-bedded Dialysis Unit - 9255 Beneficiary
2. Government Institute of Medical Sciences (GIMS), Greater Noida, Uttar Pradesh – 14-bedded Dialysis Unit - 4089 + Beneficiary
3. Ashirwad Hospital, Guna, Madhya Pradesh – 10-bedded Dialysis Unit - 1828 Beneficiary
4. Vistex Hospital, Mashari, Bihar – 8-bedded Dialysis Unit
5. Nizam's Institute of Medical Sciences (NIMS), Hyderabad, Telangana – 5-bedded Dialysis Unit
6. Meena Devi Jindal Medical Institute & Research Centre, New Delhi – 3-bedded Dialysis Unit
7. Indira Gandhi Institute of Child Health, Bengaluru, Karnataka – 2-bedded Dialysis Unit



Doctors For You (DFY), in partnership with **ICMR and local health authorities**, is implementing a **Comprehensive Tribal TB Management Program in Mandla district** to strengthen decentralized TB care. The program focuses on community-based screening, early detection, and treatment adherence in tribal areas. Since 2023, two screening rounds have been completed, with the second round screening about **9 lakh people** and identifying **300 TB cases** linked to care. The program began its third round in December 2025, continuing doorstep screening and follow-up through trained tribal volunteers to ensure sustained TB control and community ownership.

Disaster Response



Doctors For You (DFY) implemented pan-India disaster response interventions through rapid assessments, relief distribution, health camps, and awareness sessions in flood- and disaster-affected regions.

DFY prepared **39 Situation Reports**, conducted **15 needs assessments**, and facilitated **6 trainings**. Under the CSR support of **HCL Foundation**, flood responses were carried out in **Assam, Himachal Pradesh, and Gautam Buddha Nagar (Noida)**, reaching **26,580 direct and 106,320 indirect beneficiaries** through the distribution of essential relief materials and health services. To restore health access in cut-off areas, three makeshift hospitals were established, equipped with standard medical equipments.

In partnership with **Flipkart Foundation and Walmart**, DFY supported flood-affected communities in Punjab (Gurdaspur, Amritsar, and Ferozepur) by distributing WASH, winter, and NFI kits and conducting health camps, benefiting approximately 25,000 people.

Additionally, with International Medical Corps (IMC), DFY implemented relief and health interventions in Gurugram and Delhi NCR to address immediate humanitarian needs and reduce post-flood health risks. Psychological Care & Support Program under CSR Support of **Tata Community Initiatives Trust** in which Activities like Post-Traumatic Stress Disorder (PTSD), Depression & Anxiety -Displacement & Social Isolation for beneficiaries affecting by Wayanad landslide in 2024 reached beneficiary count of **17,323**.

These responses were carried out in close coordination with the Army, government authorities, and local stakeholders, ensuring timely and effective support to affected communities.

Infrastructure & Equipment Support



Doctors For You (DFY) implemented pan-India Infrastructure and equipment support with the support of different csr partners the list are as follows

1. 16- bedded Intensive Care Unit (ICU) at R.K. Government Hospital, Rajsamand, Rajasthan - CSR Partner HDFC Bank Parivartan
2. Modern diagnostic and Supportive tools at Government General Hospital (GGH) in Srikakulam, Andhra Pradesh - CSR Partner Boeing
3. 3 Makeshift Health Centers Equipment Support in Mandi - CSR Partner HCL Foundation
4. Comprehensive fire detection and Suppression system at DFY-Vistex Charitable Hospital in Masarhi - CSR Partner Boieng
5. DEXA facility and a state-of-the-art physiotherapy unit at GIIMS Noida - CSR Partner HCL Foundation
6. Ophthalmology Operation Theatre (OT) at Chintamani Hospital, Chikkaballapur, Karnataka - CSR Partner HDFC Bank's Parivartan
7. Set-Up of Histopathology and Chemotherapy Laboratory at Government Medical College, Ramanathapuram - CSR Partner HDFC ERGO
8. Support to 8 Government Hospitals with Neonatal Respiratory Care Equipment across India - CSR partner Danone, and Technical partner Dr. Murki,

Medical Mobile Units (MMU)



Doctors For You (DFY) delivers essential primary healthcare to underserved communities through Mobile Medical Units (MMUs), providing free medical consultations, Special Mega Camps, Key Activity, diagnostic tests, medicines, and health education and awareness services directly at the community level. Focus areas: Primary healthcare, NCD screening, maternal & child health, adolescent health, hygiene & sanitation.

Key MMU initiatives include

1. SBI Sanjeevani – Clinic on Wheels in Ferozepur (Punjab) and Mumbai supported by SBI Foundation ; Reached 16509 + Beneficiary
2. SBI Nirantar Seva along the Mumbai–Pune Expressway - 13482 + Beneficiary
3. The Community Health & Wellbeing Programme supported by Landmark Group- 16,397 Beneficiary thru NCD Camps
4. Sehat Ka Safar – Kotak Health Camps
5. 10 Mobile Medical Units in Chhattisgarh supported by REC Foundation. - Approx 40k + beneficiary

Skill Development



Through Diversey's continued support, the Skill Development Initiative enhances employability by providing industry-relevant, short-term training and practical skills to youth and underserved communities, supported by assessment, certification, and placement linkages.

- **GARIMA – Hygiene Technician Program:** Successfully trained **8,458** candidates, with **5,505** placed in the organized sector, strengthening hygiene and facility management services nationwide.
- **Soap for Hope:** Collected **23,673.2 kg** of used soap from the hotel industry, recycled **20,545 kg**, and distributed **164,310** soaps to marginalized communities, promoting health and hygiene.
- **Linens for Life:** Collected **8,990.56 kg** of discarded linen in 2025, with **5,044.40 kg** upcycled into utility products such as tote bags, cushion covers, and laundry bags, creating livelihoods while reducing textile waste.
- **Coffee Briques:** Repurposes used coffee grounds from hotels into eco-friendly fuel briquettes, offering a sustainable alternative to conventional fuels, 64 kg briquettes.
- **Plastic Shreds:** Converts plastic waste from hospitality establishments into durable, reusable products, supporting circular economy and responsible waste management with 1571.74kg plastic Shredded.

Geriatric Care Assistant Training Program, Supported by HCLF, community based comprehensive service delivery mechanism for basic care of elderly people, where care is delivered by the youths of the community.

Maternal and Child Health Program



Healthy mothers and healthy children form the foundation of strong communities. Doctors For You (DFY) works across urban slums and aspirational districts to improve maternal and child health outcomes, with a special focus on the first 1,000 days of life, when timely care and nutrition have the greatest impact.

Supported by **HCL Foundation, Danone, Wipro Cares, and UNICEF–GAVI**, the programme brings essential health services closer to vulnerable families through a combination of facility-based care, home outreach, and community engagement. Antenatal and postnatal care, newborn home visits, nutrition counselling, anemia screening and supplementation, routine immunisation, and WASH awareness form the core of these interventions.

Frontline health workers—including ASHAs, ANMs, and Anganwadi staff—are regularly trained to strengthen last-mile service delivery. Community awareness sessions and national health observances help address vaccine hesitancy, improve feeding practices, and promote preventive healthcare behaviours.

Impact highlights (January–December 2025):

- Reached 700+ pregnant women and 300+ postnatal mothers with essential care
- Supported the health and nutrition needs of 5,000+ children under five
- Conducted 13,000+ non-invasive anemia screenings and reached 10,000+ beneficiaries through anemia awareness initiatives
- Trained 500+ healthcare workers in maternal, newborn, and child health
- Strengthened routine immunisation services across Mumbai and Pune, contributing to the reduction of zero-dose children

Through these integrated efforts, DFY continues to strengthen community health systems and ensure that mothers and children in vulnerable settings receive the care, knowledge, and support they need to thrive.



**“As we step into the New Year, Doctors For You wishes everyone Health, Dignity, and Hope.
Happy New Year.”**