

# *Newsletter* DOCTORS FOR YOU

Aug, 2026

## INDEPENDENCE DAY HEALTH QUIZ

*A CSR initiative by: Boieng India*



With the support of Boeing India, Doctors For You – Devanahalli Health Center organized an Independence Day Health Quiz Competition on 15 August 2026 at Bettakotae Government Higher School, engaging school students in an exciting and educational experience. 4 teams participated in two rounds covering nutrition, hygiene, vaccination, oral health, first aid, physical activity, infectious diseases, and healthy lifestyle practices. The activity encouraged students to build health awareness, teamwork, confidence, and quick-thinking skills while celebrating Independence Day in a meaningful way.

## SUPPORTING DR-TB PATIENTS AND STRENGTHENING COMMUNITY- BASED CONTACT TRACING



Under the Mylan Project, Doctors For You (DFY) conducted **nutrition kit distribution** for **Drug-Resistant Tuberculosis (DR-TB) patients** in Nagpur, supporting patients with essential nutritional needs during treatment. Alongside this intervention, **training sessions** were conducted for **ASHA workers** on **TB contact tracing**, focusing on **identifying and referring household** and close contacts of TB patients for timely screening and follow-up. Through combined nutritional support and capacity building, DFY continues to contribute towards improved treatment support, community awareness, and stronger TB control efforts in Nagpur.

## ASSAM FLOOD RESPONSE



In response to the devastating floods across Assam, Doctors For You (DFY) has launched an emergency humanitarian initiative to assist more than **26,000** beneficiaries across the severely affected districts of **Sivasagar, Charaideo, and Jorhat**. Ground teams are deploying mobile medical camps to deliver primary healthcare and essential medicines, alongside **clean WASH supplies, sanitary napkins and crucial health and hygiene awareness campaigns**. Together, we are committed to providing timely medical care, restoring dignity, and supporting vulnerable families on their path to recovery.

## DONOR VISIT

*Supported by: HDFC Bank Parivartan*



The HDFC Bank Parivartan donor team visited **JLNM Hospital and Ganderbal Hospital, Jammu & Kashmir**, to review the ongoing healthcare interventions supported by the project. The visit included an overview of project activities, interaction with hospital teams and beneficiaries, and discussion on achievements, challenges, and future opportunities. The donor team appreciated the efforts of Doctors For You in strengthening healthcare services and improving access to quality care for local communities.

## BPCL CLINICS PROMOTE HEALTH, SAFETY AND NUTRITION AWARENESS



As part of its **community health initiatives**, DFY-supported **BPCL Allopathy Clinic, Mahul**, and **BPCL JanArogya Clinic, Gavanpada**, conducted **health and nutrition awareness sessions**. The activities focused on healthy eating, balanced nutrition, workplace safety, first aid, burn management, and prevention of monsoon-related illnesses such as dengue and malaria. A practical first-aid demonstration was conducted for **30 employees at Bombay Chemical Company, Gavanpada**. Nutritional sessions facilitated by **Dietician Ms. Rukshar** highlighted **essential nutrients and deficiency prevention**, complemented by personalized dietary consultations and guidance on relevant blood tests. Around **80 community members** participated in the **Gavanpada nutrition session**.

## IMMUNISATION AWARENESS ACTIVITY

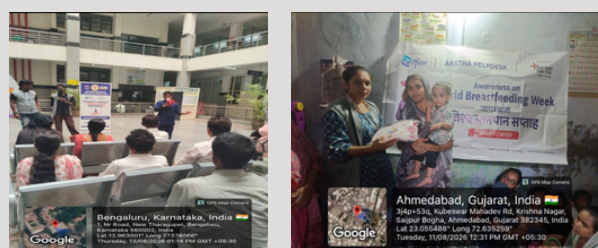
*Supported by : Wipro Foundation*



On **19 August 2026**, a **Nukkad Natak (street play)** was organised in **Mumbai's M/East Ward** as part of ongoing community mobilisation efforts to **promote Routine Immunisation (RI)**. Using engaging performances, relatable situations, and simple messaging, the activity highlighted the importance of timely and complete vaccination for children. The street play addressed common misconceptions about vaccines and encouraged parents and caregivers to attend RI sessions regularly and follow the recommended immunisation schedule. The interactive format enabled meaningful community engagement and encouraged discussions on child health.

## WORLD BREASTFEEDING WEEK & ORGAN DONATION AWARENESS

*A CSR Initiative by : Pfizer*



As part of its **health awareness initiatives**, Doctors For You (DFY) conducted **community outreach activities** during **World Breastfeeding Week and Organ Donation Day** in **August 2026**. The initiatives reached **851 beneficiaries**, including **224 males and 627 females**, across multiple healthcare institutions. Awareness sessions focused on promoting breastfeeding and creating greater understanding around organ donation. The activities engaged beneficiaries through awareness and interaction, encouraging informed health practices and community participation. These initiatives reflect DFY's continued commitment to strengthening health awareness, promoting preventive care, and encouraging communities to make informed decisions that contribute to healthier individuals and a more socially responsible society.

## JAN SEHAT CLINICS- MEGA CAMP

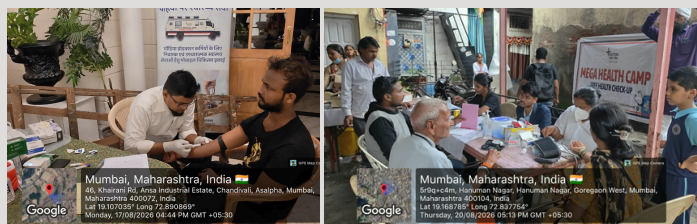
*Supported by : DBS*



With support from DBS Bank under its CSR initiative, Doctors For You (DFY) continues to expand access to affordable and quality healthcare in **Delhi and Mumbai**, reaching **90,000+ beneficiaries** through regular and community-based services. In Mumbai, beneficiaries access **General OPD, Dermatology, Gynaecology, Paediatrics, and Mobile Medical Unit services**. In Delhi, comprehensive care includes **General OPD, Dental Care, Physiotherapy, Dermatology, Orthopaedics, Gynaecology, and Paediatrics**, along with the newly introduced **Ophthalmology OPD** and eye check-ups. This partnership is strengthening comprehensive healthcare delivery, enabling timely consultation, early detection, and improved health outcomes for underserved communities.

## HEALTH CAMPS FOR MEDIA PRODUCTION WORKERS

*Supported by: Sony Pictures Networks India*



With the support of **Sony Pictures Networks CSR**, Doctors For You® (DFY) is bringing accessible and quality healthcare closer to studio workers & their family members through comprehensive health camps. Through **100+ health camps**, more than 5,000 beneficiaries have been reached with MMU-based OPDs, specialized consultations in Orthopedics, Dermatology and Gynaecology, tetanus vaccination, on-the-spot dressing, medicines and essential care. Megacamp was conducted on 20<sup>th</sup> Aug 2026 which benefitted 148 beneficiaries. Taking healthcare a step further, on-site blood testing services have been also initiated —enabling faster diagnosis, immediate treatment and better quality of care at the point of service. Together, we are strengthening workplace health and ensuring that timely, affordable and quality healthcare reaches those who need it most.

## PROMOTING HEALTHY SMILES THROUGH ORAL HEALTH AWARENESS

*Supported by: Haleon*



An engaging oral health awareness session was conducted for school children at **TMC School No. 29, Kalwa**. The session focused on helping children understand the importance of **maintaining good oral hygiene and making healthy choices for their teeth and gums**. They were educated about oral-health-friendly foods, the importance of limiting sugary snacks and drinks, and the correct brushing technique. Through interactive discussions and practical demonstrations, the children were encouraged to adopt healthy oral care habits in their daily lives. The session aimed to empower and motivate children to take care of their oral health and spread awareness among their families and peers.

## STRENGTHENING HIGH-RISK PREGNANCY IDENTIFICATION

*Supported by: Danone*



Through the **Danone-supported Swastha Mata Swastha Balak (SMSB) Project**, Doctors For You (DFY) is strengthening Antenatal Care (ANC) practices in **Tilouthu Block, Rohtas, Bihar**. Focused training and handholding of ANMs on **High-Risk Pregnancy (HRP)** identification began in May 2026, enabling frontline workers to better recognize risk factors and ensure timely referral. HRP identification increased significantly from just **4, 3, 0 and 5 cases between January–April to 24 cases in May, 61 in June, 60 in July and 55 in August**. This sustained improvement highlights the impact of strengthened frontline capacity in enabling earlier identification, referral, and follow-up of high-risk pregnancies

## STAKEHOLDER MEETING ON ROUTINE IMMUNIZATION

*Supported by: UNICEF*



Doctors For You (DFY), under the **GAVI Zero Dose Programme** with technical support from **UNICEF**, conducted an **NGO/CBO/SHG Stakeholder Meeting** on **1 August 2026 at G North Ward**, with **27 participants**. The meeting focused on increasing demand for Routine Immunization and reducing Zero Dose children. Key sessions covered the “5 Saal Me 7 Baar” immunization schedule, measles awareness, refusal conversion, and stakeholder roles in community mobilization. Interactive activities promoted teamwork and effective communication. Stakeholders committed to counselling refusal families, mobilizing communities, supporting RI sessions, and strengthening coordination with health workers. The meeting concluded with a joint action plan to improve immunization coverage and ensure timely vaccination.

## EVENTS AT DFY



INDEPENDENCE DAY AT DFY CENTRE



HCLF STAFF ENGAGEMENT & CAPACITY BUILDING PROGRAM



DFY FOUNDATION DAY CELEBRATION



MOTHER MEETING ON 19 AUGUST  
2026 AT PATREWALI GALLI, BEHRAM PADA, BANDRA EAST,



BREASTFEEDING WEEK AT DFY CENTRE



## Monthly Update



Ramnathpuram Histopathology site visit by niti ayog poc and district collectorate



WITH HON. DEPUTY CM SUNETRA  
PAWAR AND MINISTER PANKAJA MUNDE



Dr. Rajat Jain, President, DFY, visited GCRI for Project Aastha, engaging with staff and hospital leadership to review the project and discuss opportunities to address critical service gaps.



## STAFF OF THE MONTH



We are proud to recognize **Irshad Ahmad, Logistics DEO, Central Team**, as our Staff of the Month. His dedication, efficiency, and commitment to ensuring smooth logistics operations have contributed significantly to the team's success. We appreciate his consistent efforts, teamwork, and responsible approach in supporting DFY's mission and operations.

## CONTACT US

For any feedback or inquiries please reach out to us at-  
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