

Newsletter DOCTORS FOR YOU

April , 2026

DFY RECOGNIZED AT ADOBE SPORTS CSR EVENT



On **April 18**, Adobe hosted a **high-energy sponsored sports event** that celebrated both athletic spirit and impactful social responsibility. During the ceremony, Doctors For You was honored with a prestigious award in recognition of their **steadfast support and execution of Adobe's Corporate Social Responsibility (CSR) initiatives**. Adding a touch of star power and inspiration to the occasion, the event featured Bollywood actor and renowned philanthropist **Sonu Sood**, alongside members of the **India Women's Cricket Team**.

BREAST AND CERVICAL CANCER AWARENESS AND SCREENING CAMP

Supported by: AstraZeneca



A breast and cervical cancer awareness and screening camp was successfully conducted on **4th April** at **23 Acres Residential Colony, Delhi**. The doctors led breast cancer awareness sessions and screening activities, while also supporting Airforce staff in conducting cervical cancer screening, including Pap smear tests and HPV vaccination. A total of **173 beneficiaries** were covered during the camp, **including 40 mammography screenings, 74 Pap tests, and 37 HPV vaccinations**.

Additionally, slogan competition winners were selected and felicitated with planters as a token of appreciation.

AASHA HEATWAVE PREVENTION TRAINING

Supported by: HCLF



A heatwave preparedness training session was conducted for **20 ASHAs** at **Kirti Nagar Health Centre**, on **22nd April 2026** led by **Dr. Jaipal**. The session focused on early identification of heat-related illnesses, community awareness strategies, and preventive measures to reduce risks during extreme temperatures. Various interactive activities were also included to better understand the challenges faced by ASHAs during peak working hours. This initiative aims to strengthen frontline workers' capacity to support vulnerable populations during the summer season.

HEALTHCARE ON WHEELS: FOR MEDIA PRODUCTION WORKERS

Supported by: Sony Pictures Networks India



The Healthcare on Wheels initiative, delivered essential healthcare services to media production workers through a Mobile Medical Unit across **14 locations**. A total of **709 beneficiaries** were reached, primarily comprising the adult workforce, with high outreach in key hubs such as **Goregaon and Dadasaheb Phalke Chitranagari**. Health assessments revealed a significant burden of non-communicable conditions, with **63% of individuals showing elevated blood pressure and fatigue** emerging as the most common complaint, while a smaller proportion (**2%**) were identified with diabetes.

HEATWAVE AWARENESS & ORS DISTRIBUTION



On 18th April, the DFY Ishwar Devi Khattar team conducted a **heatwave awareness session and ORS distribution** at Natwar Parekh Compound during the summer vacation. Led by Shahina, the session engaged children and parents, focusing on the risks of extreme heat and simple preventive measures.

Participants were taught **how to prepare ORS at home, recognize early symptoms of heat-related illness, and stay hydrated through water, ORS, and seasonal fruits. Practical tips**—such as avoiding peak sun hours, wearing light cotton clothing, and ensuring proper ventilation—were also shared.

A total of **21 beneficiaries attended**, and ORS packets were distributed to all participants.

WORLD HEALTH DAY

Supported by : WIPRO Foundation



On the occasion of **World Health Day**, the DFY Wipro MCH team conducted **awareness sessions** in communities focusing on healthy and unhealthy nutrition. The team educated community members, especially women and children, about the importance of balanced diets, nutritious food choices, and avoiding unhealthy eating habits that can lead to health problems. These sessions helped raise awareness about maintaining both personal health and a healthy environment.

INAUGURATION OF 1000 DAYS MCH PROGRAM AT PARWADA BLOCK

A CSR Initiative by : Pfizer



The **1000 Days Maternal and Child Health Program** was inaugurated at **Parawada Block** to support **maternal and child health** during the critical period from conception to two years of age. Supported by **Pfizer Healthcare** and implemented by **Doctors For You**, the event was attended by **key dignitaries from industry, local governance, and the health department.**

The inauguration featured ribbon-cutting and lamp-lighting ceremonies, along with the distribution of nutritious goodie kits to ANC and PNC mothers. The initiative aims to strengthen healthcare services through focused nutrition, awareness, and early care interventions in the region.

JAN SEHAT CLINICS IN DELHI AND MUMBAI

Supported by : DBS



With support from **DBS Bank CSR**, **Doctors For You (DFY)** is delivering accessible and affordable healthcare through **Jan Sehat Clinics in Delhi and Mumbai**. Over **60,000 patients** have been served, strengthening primary and specialized care access for underserved communities. Services include **General OPD, Dental care, and Physiotherapy**, along with specialized consultations in **Gynecology, Pediatrics, Orthopaedics, Dermatology, General Surgery, and MD Medicine**. Regular mega health camps, mobile medical units, and awareness programs further extend outreach.

MEDICAL EQUIPMENT SUPPORT AT CIVIL HOSPITAL, GHUMARWIN, BILASPUR

Supported by: HDFC Bank Parivartan



We are proud to share the successful handover of essential medical equipment under HDFC Bank CSR – **Project Parivartan at Civil Hospital, Ghumarwin, District Bilaspur, Himachal Pradesh.**

Advanced equipment including an **Anaesthesia Workstation, Ultrasound Machine with 5 Probes, Multipara Monitor, and Laparoscopic System** has been installed to enhance patient care and medical services.

The ceremony was graced by **Hon'ble Minister Shri Rajesh Dharmani and SDM Shri Gaurav Chaudhary**, along with representatives from HDFC Bank, Doctors For You, and hospital administration.

STRENGTHENING EMERGENCY HEALTHCARE IN INDIA

A CSR initiative by: Boeing India



Boeing, in partnership with Doctors For You (DFY), continues its commitment to strengthening emergency healthcare systems across India. As part of this initiative, **advanced ultrasound and X-ray machines** were donated to **AIIMS Rishikesh** and **formally inaugurated** by **Dr. Meenu Singh (Director & CEO of AIIMS Rishikesh), Dr. Saurabh Varshney (Dean – Academics & Chairperson, CSR Committee), Dr. Pankaj Sharma (Secretary, CSR Committee), Mr. Salil Gupte (President, Boeing India & South Asia), Ms. Praveena Yagnambhat (Chief of Staff & CSR Head, Boeing India & South Asia), and Dr. Rajat Jain (President, Doctors For You).**

IMMUNISATION CAPACITY BUILDING



DFY conducted capacity-building sessions across 21 UPHCs in Mumbai, covering key wards including M West, M East, G North, P North, K East, and H East. A total of 238 community influencers were trained to address vaccine hesitancy using refusal conversion techniques.

The sessions also focused on sensitisation around routine immunisation and prevention of vaccine-preventable diseases. This initiative strengthened community engagement, improved awareness, and supported increased immunisation uptake in high-priority areas.

COMMUNITY OUTREACH INITIATIVE



On the occasion of **World Health Day**, the **DFY Ishwar Devi Khattar team** organized a health camp at **Natwar Parekh Compound, Sai Baba Mandir**. A total of **62 beneficiaries** availed services including **general health check-ups (42) and dental examinations (20)**. The camp also provided Hemoglobin (HB) testing, Blood Pressure (BP) monitoring, and blood sugar screening, along with basic medical advice. Screening led to the identification of new cases, including **anemia (2), hypertension (5), diabetes (3), and one beneficiary with both diabetes and hypertension.**

EVENTS AT DFY



WORLD HEALTH DAY
AWARENESS AT JINDAL
CENTRE



WORLD EARTH DAY AT
CANCER CENTRE



WORLD EARTH DAY AT
CANCER CENTRE



WORLD HEALTH DAY DFY ISHWAR
DEVI KHATTAR TEAM



WORLD HEALTH DAY
AWARENESS AT CANCER
CENTRE



STAFF OF THE MONTH



Aqsa Noor, Physiotherapist at DBS Delhi Centre, is recognized for her dedication to patient care and rehabilitation. Her compassionate approach, strong clinical skills, and commitment to improving patient outcomes have made a meaningful impact. She consistently supports patients and the team, reflecting excellence and professionalism in her work.

CONTACT US

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