



CANCER CARE

MONTHLY NEWSLETTER OF DOCTORS FOR YOU



NEWS & FEATURES

- Key Cancer Facts in India
- COVID-19 in People With Cancer
- What is the Prognosis for Cancer
- Survivorship
- DFY Approach Towards Cancer Treatment
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Key Cancer Facts in India

- India ranks third in cancer cases after China and the US.
- Cancer among woman in the country is estimated to be 0.7 million reported cases.
- Every year India reports more than a million new cancer cases.
- Among them, half million deaths happen due to the ignorance of the disease.
- 10 million people die from cancer every year.
- At least one third of common cancers are preventable.
- Cancer is the second-leading cause of death worldwide.
- 70% of cancer deaths occur in low-to-middle income countries.
- Cancer is a major public health crisis worldwide

The complexity of a disease like cancer requires a greater involvement of the patient and caregivers to better understand the diagnosis, treatment and outcomes. In a developing country like India where specialized human resources are compromised and burden of disease grows, we need a structured patient support system that will form a bridge between patients and access to care.

Explore the key issues



Equity in access to cancer care

No matter who we are or where we live, we all deserve access to accurate information on cancer and quality care services in prevention, diagnosis, treatment and support.



Prevention and risk reduction

Over one third of cancers are preventable, which means we can all reduce our cancer risk.



Awareness, understanding, myths and misinformation

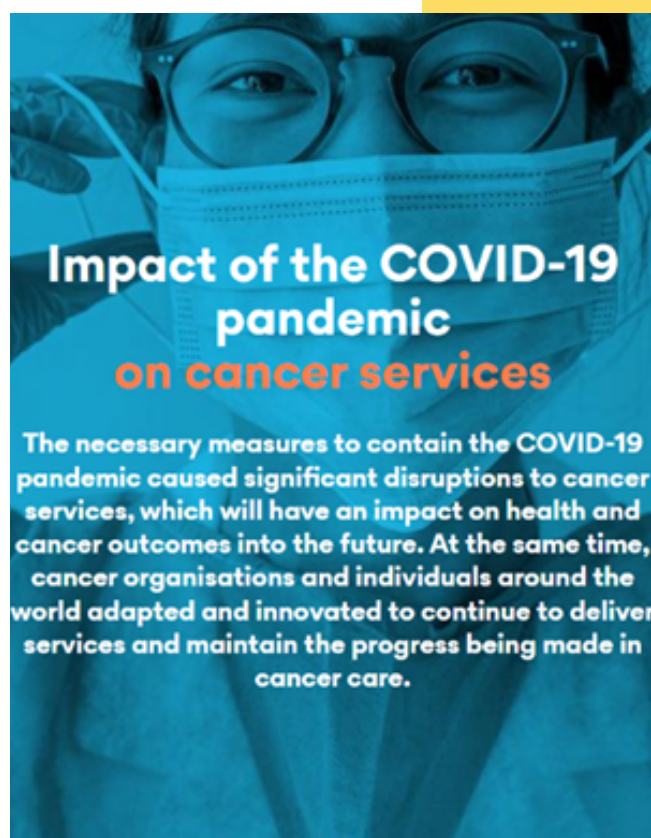
Access to information and knowledge about cancer can empower us all.

Oral, Breast and Cervical Cancer are the three most common forms of cancer in India contributing to around 34% of total cancer cases. Survival rate for these cancers is high if they are detected and treated at early stage. Cancers of the oral cavity and cervix are amenable to secondary prevention because they can be detected and addressed at precancerous stages through screening using cost effective techniques and awareness.

COVID-19 AND CANCER

COVID-19 in People With Cancer

People with active cancer are generally more susceptible to infectious agents because of an impaired immune system due to cancer itself and/or its treatment (e.g., surgery and chemotherapy). This has led to concerns that cancer patients may be at greater risk of COVID-19 complications and death. However, factors that have been most consistently linked with increased risk of severe disease and/or death in patients with cancer mirror those in the general population, and include male sex, older age (≥ 60 years), a history of smoking, obesity, hypertension, cardiovascular disease, and diabetes.

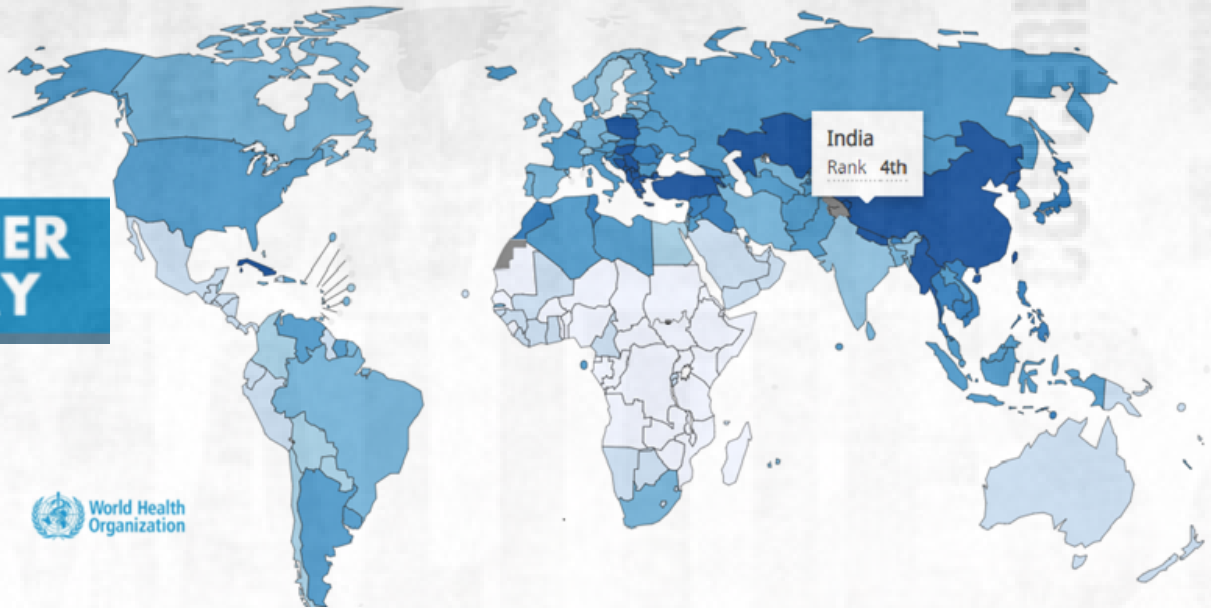


Impact of the COVID-19 pandemic on cancer services

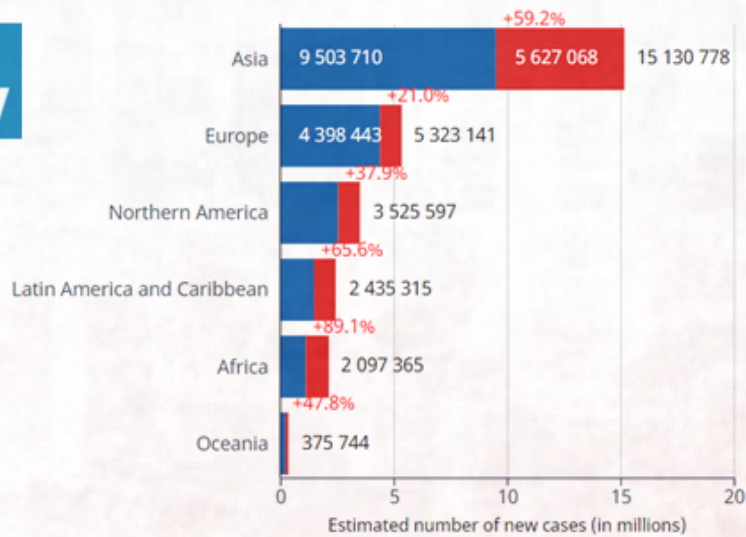
The necessary measures to contain the COVID-19 pandemic caused significant disruptions to cancer services, which will have an impact on health and cancer outcomes into the future. At the same time, cancer organisations and individuals around the world adapted and innovated to continue to deliver services and maintain the progress being made in cancer care.

Ranking (Lung), estimated number of new cases in 2020, both sexes, all ages

**CANCER
TODAY**



**CANCER
TOMORROW**



Totals	
2020	19 292 789
2040	28 887 840

WHAT IS THE PROGNOSIS FOR CANCER?


The prognosis (outcome) for cancer patients may range from excellent to poor. The prognosis is directly related to both the type and stage of the cancer. There are many complications that may occur with cancer; many are specific to the cancer type and stage and are too numerous to list here. However, some general complications that may occur with both cancer and its treatment protocols are listed

Complications and Side-effects


- Fatigue (both due to cancer and its treatments)
- Anemia (both)
- Loss of appetite (both)
- Insomnia (both)
- Hair loss (treatments mainly)
- Nausea (both)
- Lymphedema (both)
- Pain (both)
- Immune system depression (both)

Cancer Statistics, 2021

Estimated New Cases

		Males		Females		
Prostate	248,530	26%		Breast	281,550	30%
Lung & bronchus	119,100	12%		Lung & bronchus	116,660	13%
Colon & rectum	79,520	8%		Colon & rectum	69,980	8%
Urinary bladder	64,280	7%		Uterine corpus	66,570	7%
Melanoma of the skin	62,260	6%		Melanoma of the skin	43,850	5%
Kidney & renal pelvis	48,780	5%		Non-Hodgkin lymphoma	35,930	4%
Non-Hodgkin lymphoma	45,630	5%		Thyroid	32,130	3%
Oral cavity & pharynx	38,800	4%		Pancreas	28,480	3%
Leukemia	35,530	4%		Kidney & renal pelvis	27,300	3%
Pancreas	31,950	3%		Leukemia	25,560	3%
All Sites	970,250	100%		All Sites	927,910	100%

Estimated Deaths

		Males		Females		
Lung & bronchus	69,410	22%		Lung & bronchus	62,470	22%
Prostate	34,130	11%		Breast	43,600	15%
Colon & rectum	28,520	9%		Colon & rectum	24,460	8%
Pancreas	25,270	8%		Pancreas	22,950	8%
Liver & intrahepatic bile duct	20,300	6%		Ovary	22,950	5%
Leukemia	13,900	4%		Uterine corpus	12,940	4%
Esophagus	12,410	4%		Liver & intrahepatic bile duct	9,930	3%
Urinary bladder	12,260	4%		Leukemia	9,760	3%
Non-Hodgkin lymphoma	12,170	4%		Non-Hodgkin lymphoma	8,550	3%
Brain & other nervous system	10,500	3%		Brain & other nervous system	8,100	3%
All Sites	319,420	100%		All Sites	289,150	100%

SURVIVORSHIP

Survivorship focuses on health and the physical, psychological, social and economic issues affecting people after the end of the primary treatment for cancer, including people who have no disease after finishing treatment, people who continue to receive treatment to reduce the risk of the cancer coming back and people with well controlled disease and few symptoms, who receive treatment to manage cancer as a chronic disease.

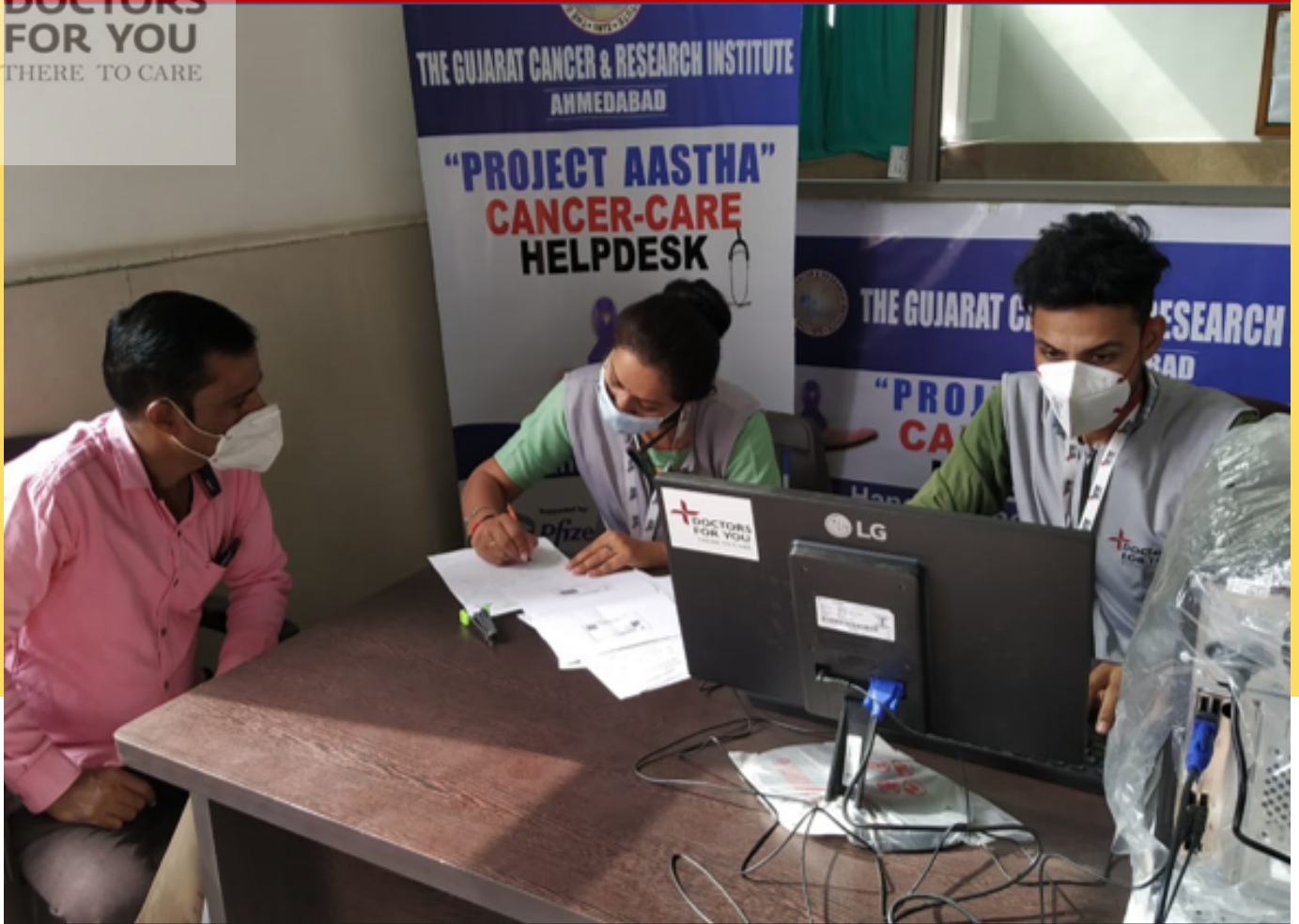
Survivorship care includes issues related to follow-up care, the management of late side-effects of treatment, the improvement of quality of life and psychological and emotional health. Survivorship care includes also future anticancer treatment where applicable. Family members, friends and caregivers should also be considered as part of the survivorship experience.

DFY Approach Towards Cancer Treatment

Our Main Aim is to support oncology patients throughout the course of diagnosis, treatment and rehabilitation phase

Methodology – Hospital Registration (form filling for illiterate patient or people with language Problem)

- Travel Booking information and support-
 - The team gives all the travel information to the patients and link them with the local donors who help those patients with the travel support.
- Local Accommodation Guidance and linkages-
 - We have local donors and organizations who help the patients with the accommodation, our team verifies all the documents and then help them to get these facilities.
- Counselling support to family and patients –
 - We have a counselor in the team and his main responsibility is to conduct counseling sessions for the patients as well as there families to prepare them mentally for the treatment and to uplift their mood.
- Linking with various departments, Laboratories, pharmacy, answering queries & questions of patient's relatives etc.-
 - The patients who come to the hospital for the first time gets confused as they are unaware where to go at the first place, our team guides them with the directions and room numbers for the concerned departments.
- Patient Assistance (Immobile/ Patient with Disability) - wheelchair movement & transfer to ambulance
 - Our team provides the assistance to the patients who are physically challenged by arranging wheel chair for them and taking them to the concerned departments.
- Finance support application guidance-
 - We have many schemes in India such as PMJAY, Ayush Bharat etc. Our team cross checks the documents if the patient has low income then they make them aware about the supporting documents, fill their form and make there card by which the patients get full free treatment
- Online Portals to apply for Govt. Schemes / pros & cons of all schemes.



Project Aastha: Help Desk

Donor: Pfizer

Start Date: March 2021

The objective of Project Aastha:

- Establishment of Helpdesk at Cancer Hospitals
- Improving Cancer Patient Care during treatment
- Linking patients with various Govt. Schemes
- Guidance and linkages to apply for financial support to trust, society, or individual donors

Project Aastha Help Desk has been set up as a support service to Cancer Hospitals; the aim is to handhold Cancer Patients and their caretakers. The Help Desk Team consists of a Counsellor, Nursing orderly, ANM, Data Entry Officer, and a Supervisor. It functions as a chain where the patient is handled by all team members during his/her course of treatment. The Team also makes sure to follow up until he/she comes for the next hospital visit. The help desk team also provide emotional support to the needy patient and their family. The team will be well equipped with desktops, stationery, furniture, IEC, and other necessary items which will be placed in the central or front side of most of the hospitals. Well-advertised information across hospital and Free call centers help the patient to reach to help desk and its facility.



Supported more than 10000 patients from March 2021 till date

Patient Navigation Activities	Hospitals				
	TMH Mumbai	HBCH Varanasi	BBCI Guwahati	IGIMS Patna	GCRI Ahmedabad
1. No of hospital registrations made:	3778	2804	1384	2210	166
2. No of people informed on accommodation/travel support:	1579	435	265	401	7
3. No of people supported in application for Govt Fund:	1688	989	426	414	12
4. No of people who availed financial support through the Govt schemes:	1652	980	412	414	12
5. No of patients who have undergone the treatment	1822	1359	947	1602	86
6. No of emotional support/counselling sessions undertaken:	2284	976	1249	1065	6
7. No of patient who have undergone counselling sessions	1984	876	913	854	9
8. No of caregivers supported through counselling	1356	1157	1068	1273	12

A 57-year old female patient with breast cancer with no caregiver presented at hospital. Patient and doctors had a language barrier, since patient knew Bangla language only. She had come to hospital on 13th of August for blood test and was supposed to visit Atal Amrit Abhiyan counter to get approval for free chemo. She was on her own, unaware about the hospital process she strolling in disarray.


DFY staff attended the patient by first checking her file, blood requisition form and chemo protocol sheet to find out the actual due date of chemotherapy. They then communicated with doctor to enquire if patient needs to go for another blood test. They handheld the patient and took her to 'Atal Amrit Abhiyan' counter, communicated with the staff, where staff immediately started the process to give approval for free chemo. The patient was explained the entire process. She was also assisted to navigate the pharmacy and bring medicines and go to day care ward for chemotherapy. Due to the language barrier, DFY staff also counselled the patient with the help of the caregiver of another patient who spoke her language. She received her chemotherapy and her X-ray report. She was emotional in gratitude for DFY staff's assistance in the process.

Ramesh Kumar, a patient of Head and Neck OPD, and a resident of Varanasi. A beggar by profession who was abandoned by his family due to disease. He came for registration with huge mass on the chin, and with no money for registration/treatment. DFY Staff Devi Sharan, coordinated with the MSW to get his file make his registered and to initiate the consultation process. He also was hand-held to undergo initial investigations post consultation. Devi Sharan counselled the patient to visit the hospital with some caregiver. Surgery was planned and date was set.

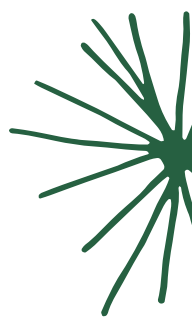
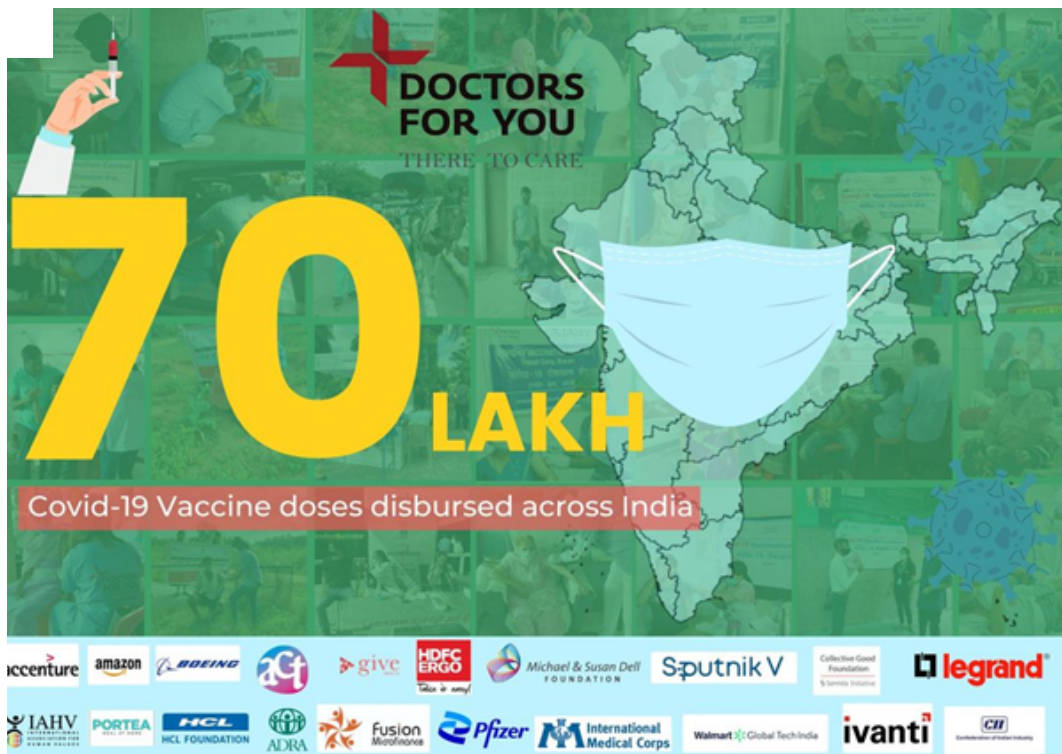


AROUND IDIFY



Thank You CSR box for conferring Doctors For You with the 7th CSR Impact Award in the category of Covid Response (Large). Thank you to all our donors and partners. 



**DOCTORS
FOR YOU**
THERE TO CARE

70 LAKH

Covid-19 Vaccine doses disbursed across India

Donors and Partners: accenture, amazon, BOEING, give, HDFC ERGO, Michael & Susan Dell FOUNDATION, Sputnik V, Collective Good Foundation, legrand, IAHV, PORTEA, HCL, HCL FOUNDATION, ADRA, Fusion Microfinance, Pfizer, International Medical Corps, Walmart Global TechIndia, ivanti, CII.

DFY has crossed the 7 million mark of total vaccines administered. A huge thanks to all our donors and partners for lending crucial support to this herculean effort. Also sincere thanks to all the frontline workers for your selfless service to the Nation.



Doctors For You is working in 115 villages in Punjab and Haryana. This year the farmers had sown rice in 85518 acres of farmland and the DFY team has worked very hard to make the farmers aware and provided all the necessary support. During the season (Oct-Nov) team was available in the field 24x7, This year we have saved 77127 acres of farmland and the percentage of the saved land is 90%. Till the last year we were saving 70-80 percent of farmland but this it has increased to 90%. The dedication and hard work of DFY's team has resulted a wonderful impact. This year we have adopted 22 new villages and the team has played a wonderful role in saving 93% acres of farmland which is 19000+ acres. It's a greatest achievement.





L2 is COVID hospital Pulwama under that we have to run 10 Phcs in rural project out of 10 we are working in 03

- 1.Ntphc pinglena**
- 2.Phc Rahmoo**
- 3. NTPHC Abhama**

FAMILY CHRISTMAS REUNION- 3



Constitution Day: MRVC Doctors for You, Lallubhai Center celebrated Constitution Day on the 26th of November 2021 with its employees, the employees were made to read the preamble and understand the components of the preamble so as to understand the significance of preamble in our daily life as well as service provisions



The MP testing centres at Airport, Railway and Transit points- Rani Kamalapati Railway station ,Bairagarh Railway station .Bhopal



A GLIMPSE DOCTORS FOR YOU (DFY) 'S CURRENT PROGRAMS ACROSS INDIA



Covid-19 Vaccination drive at multiple Health Posts in collaboration with Government of Maharashtra : DFY team is running vaccination activities at 12 Centres i.e. Urban Health Clinic Hospital (UHC), Shatabdi Hospital, Bhandup Vaccination Centre, Deonar MH, Charkop kandivali, Parivar Kanjurmarg, Bhandup Village (BMC school), Dharavi Transit camp, Ganesh Nagar Vikhroli, Tembhipada Bhandup, Shivaji Nagar and we have already vaccinated 422285 of beneficiaries till date.

Rapid Antigen Test and RT PCR for Covid-19 in the Community:

EMPLOYEE

NEWS & VIEWS

Doctors For You Conference on Crop Residue Management

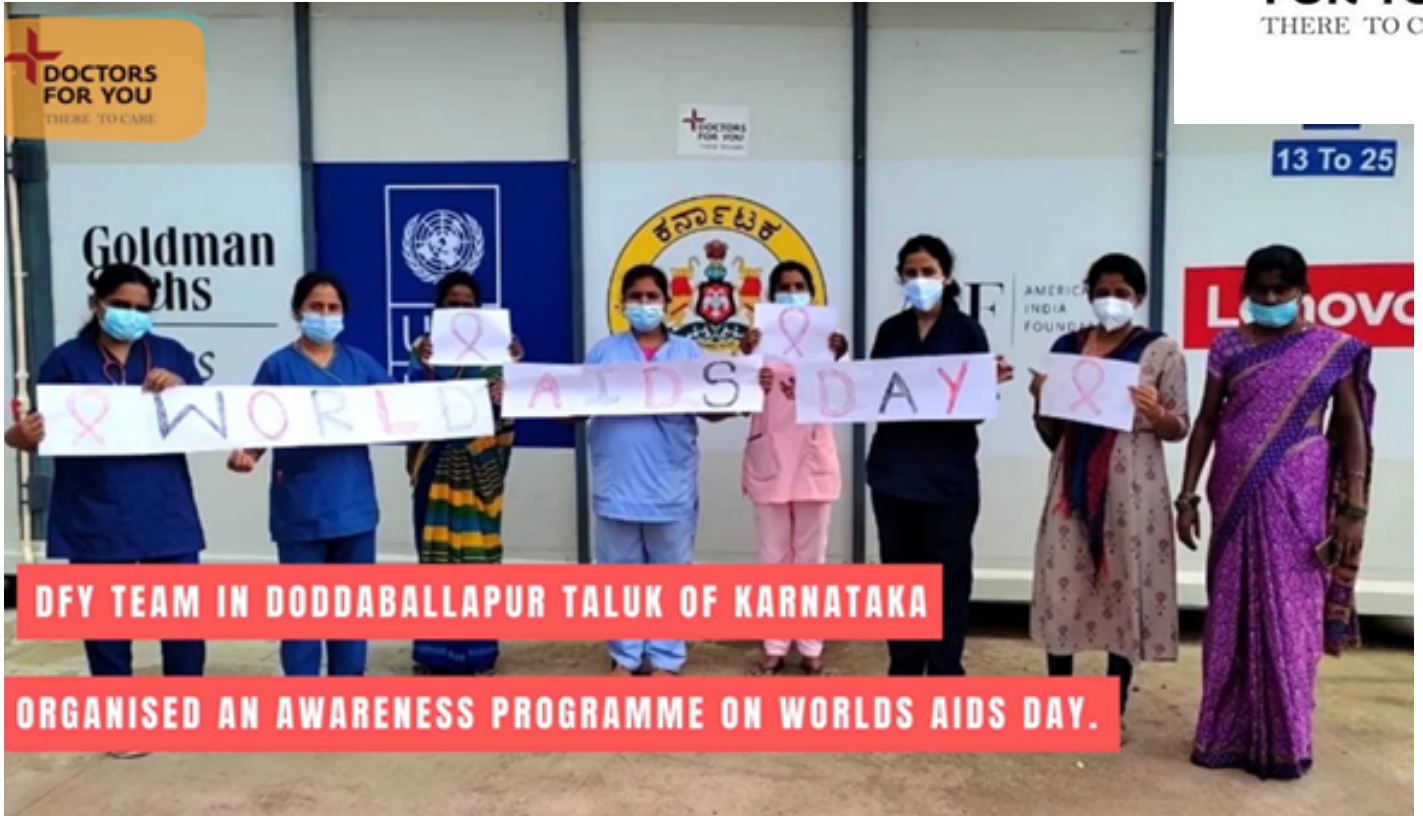
Environmental Conservation: Biomass Management and our AQI

Call For Abstracts

Crop residue burning is one among the many sources of air pollution. Burning of crop residue also contributes indirectly to the increased ozone pollution. Crop burning has caused a series of health concerns from suffocation, not just in Punjab and Haryana, but also in neighbouring states such as Delhi. Many initiatives have been launched promoting indigenous knowledge of Crop Residue Management (CRM) coupled with modern techniques leading to highly cost effective and multi-layer beneficial programs for farmers.

We take great pleasure in announcing the 2022 Doctors For You Conference on Environmental Conservation. Our topic for the conference is Biomass Management and AQI. We invite researchers, farmers, NGOs, activists, industrialists, agriculturalists and students interested in participating to submit a short abstract-length summary outlining the scope of the proposed paper, latest by 30th December 2021. Genral enquiries can also be sent on the same email.

Email: pm11@doctorsforyou.org



DFY team in Doddaballapur Taluk of #Karnataka organised an awareness programme on World AIDS Day.



Kottarakkara Mathoma Episcopal Jubilee Mandiram's love and respect to Marthoma Sabha Supreme President Honourable Dr. Theodosius Marthoma receiving from the archbishop



MERRY

Christmas

Happy

2022

New Year!

