



DOCTORS FOR YOU

ASPIRATIONAL PROJECTS



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RURAL GENERAL SURGERY ACCESS

General Surgeries for Rural and Tribal Population

Project Brief: People from low-income backgrounds are more likely to suffer from increased morbidity due to the lack of access to and ability to pay for surgery services. Doctors For You intends to help surgery operations of people from lower socio-economic strata

Areas of Operations: Rural and Tribal Population across India

Proposed Activities:

General surgeries such as

- Cataract
- Hydrocele
- Hernia
- C-Sections
- Emergency Trauma Surgery
- Appendicectomy
- Oral Surgeries
- Hysterectomy
- Cystocele, etc.

Total Fund Requirement in INR: 50 Lakh / 200 Surgeries
25,000 / Surgery

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OPHTHOMOLOGY UNIT

Setting up an Ophthalmologic Unit in Tribal, Rural and Urban Areas

Project Brief: The burden of eye diseases is high, especially cataract. Eyes disease are rising in India. People from low-income backgrounds are more likely to become blind due to the lack of access to and ability to pay for ophthalmology services

According to the National Blindness & Visual Impairment Survey 2015-19, cataract (71%) and refractive error (13.4 percent) are the major causes of visual impairment among those above the age of 50 years, more than 137 million people suffers from near vision loss, 79 million from impairment and on verge of dry eye disease epidemic

Doctors For You propose to set up ophthalmology unit to screen, diagnose and treat common disease of the eyes.

Areas of Operations: Bihar, Delhi, Mumbai, North East

Proposed Activities:

Treatment of common disease of eyes are refractive errors, cataract, glaucoma, macular degeneration, diabetic retinopathy, dry eyes, strabismus (squint), proptosis (bulged eyes), excessive tearing (tear duct obstruction), uveitis or inflammation of the pigmented layer between the retina and the outer fibrous layer composed of sclera and cornea.

Total Fund Requirement in INR: 60 Lakhs (Establishment Cost/ Center)

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MATERNAL & CHILD HEALTH

First 1000 Days Program for maternal and child health care in rural, tribal and urban slums

Project Brief: According to the Women and Child Development Ministry, India estimates, there is a 91 % rise in the number of severely acute malnourished children (SAM) between the interval of November 2020 and October 2021. Quantity and Quality of nutritious food (diet diversity) consumed by women's has decreased because of loss of purchasing power or economic reasons. At least 200 million children living in developing countries fail to meet their developmental potential. Along with undernutrition, concomitant influences of infectious disease, environmental hazards, and societal and household violence, all contribute to this loss of potential. If the Pregnant mother and child is deprived of proper nutrition during this time damage to the brain and body will be irreversible

The first 1,000 days of life - the time spanning roughly between conception and one's second birthday - is a unique period of opportunity when the foundations of optimum health, growth, and neurodevelopment across the lifespan are established. Apart from physical growth, a human baby's brain development paves the way for her future level of intelligence and quality of life

Areas of Operations: Bihar, Delhi, Mumbai, North East, Gujarat

Proposed Activities

- Comprehensive antenatal and post-natal care services to pregnant women
- Home-based newborn and young child care (HBNC) through nutritional support to malnourished pregnant mothers and children 0-2 years of age
- Immunization and deworming services to all pregnant women and children up to 2 years
- Training of the AAA's (ASHA, ANM, and Anganwadi Workers) for Home-based management of newborn and young children, Infant and young child feeding practices, and promoting IYCF practices within the family of newborns
- Contraceptive counseling to all the lactating and reproductive-age women during the intervention
- Creating awareness for water, sanitation, and hygiene practices

Total Fund Requirement in INR: 80 Lakh/Year

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MALNUTRITION

Malnutrition Intervention in rural, tribal and urban slums

Project Brief: In India 44% of children under the age of 5 are underweight. 72% of infants and 52% of married women have anemia. Quantity and Quality of nutritious food (diet diversity) consumed by women's has decreased because of loss of purchasing power or economic reasons. At least 200 million children living in developing countries fail to meet their developmental potential. Along with undernutrition, concomitant influences of infectious disease, environmental hazards, and societal and household violence, all contribute to this loss of potential.

Areas of Operations: Rural, Tribal and Urban Slum areas

Proposed Activities

- Screening camps for the malnutrition prevalence
- Home-based newborn and young child care (HBNC) visits
- Malnutrition interventions for management of Severe Acute Malnutrition (SAM) and Moderate Acute Malnutrition (MAM) in children 0-5 years of age
- Providing nutritional kit to malnourished children

Total Fund Requirement in INR: 80 Lakh/Year

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COMPREHENSIVE TB MANAGEMENT CENTRE

Comprehensive TB Treatment Management Centre

Project Brief: India has the highest prevalence of TB in the world. Worldwide, TB is one of the top 10 causes of death and the leading cause of death from a single infectious agent (ranking above HIV/AIDS) despite being preventable and curable. India has more than 27% of the world's burden of both TB and drug-resistant TB as per the Global TB report 2020 with an estimated incidence of 26.9 lakh cases in 2019 as per WHO. As per the first National Drug Resistant Survey, 28% of TB patients were resistant to any drugs. Multiple Drug resistance surveys in several states had indicated prevalence of MDR TB is 2-3% among new cases and 12-17 percent among reinfection cases.

India is committed to end TB by 2025, five years ahead of SDG. To reach this goal in addition to strong political advocacy, there has been a massive expansion of the diagnostic network of laboratories, availability of new drugs, shorter regimens, decentralized treatment services, and improved drug logistics management.

Areas of Operations: High burden states - Uttar Pradesh, Bihar, Maharashtra, Delhi, North East, and tribal districts of Madhya Pradesh, Odisha, Chhattisgarh, and Rajasthan

Proposed Activities:

- One stop center for management of TB Treatment
- Dedicated ward for TB Patients including drug resistant TB
- Services of Lab investigation for TB Patients - ECG, Blood Test, X-Ray, TSH, KFT , LFT, Serum electrolyte , Serum Ca and Mg, CBC
- Doctors consultations, counselling, free beds and nutritional support
- Drug adherence and free follow up of TB Patients till the complete tenure of Treatment
- Free drug delivery

Total Fund Requirement in (INR): 70-80 Lakhs/Centre, depending upon location

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NURSING COLLEGE AND PARAMEDICAL TRAINING INSTITUTE

Supporting Medical Education and Human Development Initiative

Project Brief: Today the world has more educated young people than ever before. Emerging insight to the Fourth Industrial Revolution suggests a mismatch of today's skills with the job opportunities of tomorrow. Health services are one of the fundamental sectors of society and the economy. According to the Niti Aayog report (2021), India's healthcare industry is 5th largest employer and has been registering a 22% Compound Annual Growth Rate, since 2016.

DFY has a vision to create centres of learning to improve and standardise the standard of training for paramedical education and training in India

Areas of Operations: NE states (Nagaland, Assam, Manipur), KPCL Hospital, Bangalore Karnataka and Vistex Hospital, Masari Village, Patna Bihar

Proposed Activities

- Nursing: B. Sc.; GNM
- Technician Training : Lab Technician, Dialysis Technician, CT Scan Technician, X-Ray Technician, OT Technician, ECG Technician, Emergency Medical Tech
- General Duty Assistant (GDA)
- Home Health Aide
- Dental Hygienist
- Hygiene Technician

1. Nursing College and Paramedical Training Center
2. Instruction Strategy and Curriculum Framework/Course structuring
3. Admissions of Candidates
4. Course Commencement & Certification

Total Fund Requirement in (INR): Support for 4-5 Years

- Paramedical Institute: Set Up Cost: 80 Lakh; Running Cost: 20 Lakh/Year
- Nursing College - B. Sc - 2.5 Crores/year for a batch of 60 Nursing B. Sc students.
- Technician Courses - 20-40 Lakh/ Year

Karnataka & Bihar



RURAL HOSPITAL UPGRADATION

Strengthening for RMNCH+A (Reproductive, Maternal, Newborn, Child and Adolescent Health) Services

Project Brief: The Government of India has been focusing on initiatives to improve maternal health indicators and reduce Maternal Mortality Reduction. WHO has outlined EPMM (Ending Preventable Maternal Mortality) strategies for reducing MMR in the SDG (Goal 3 - To ensure healthy lives and promote well-being for all at all ages through 2030)

Comprehensive approach - RMNCH+A along the continuum of care for each pregnancy and throughout each woman's reproductive years is proposed to improve health indicators of pregnant women, newborns, adolescents, etc

Areas of Operations: Aspirational Districts - Nuh District (Aspirational District) Haryana.

Proposed Activities

- Construction of Maternal and Child Health Care Centre
- Essential Newborn Care and Resuscitation by providing Newborn Stabilization Units and Special Newborn Care Units/Newborn Corner in the Labor Room and Operation Theater (where cesarean takes place)
- Strengthening comprehensive MCH services (ANC, PNC Check Ups, managing Labor, Care in Pregnancy, etc)
- Access to comprehensive abortion care
- Prevention and Management of Reproductive Tract Infections (RTI) and Sexually Transmitted Infections (STI)
- Universal Immunization
- Child Health Screening and Early Intervention Services
- Adolescent Friendly Health Clinics (AFHC) services
- Essential Full range of family planning services including IEC, counseling, provision of Contraceptives, Non Scalpel Vasectomy (NSV), Laparoscopic Sterilization Services and their follow up

Total Fund Requirement in INR): 1-3 Crores (Depending on Location)

Aspirational Districts

CANCER SCREENING

Comprehensive Cancer Care Services

Project Brief: India's cancer problem is called an epidemic or a tsunami. Cancer mortality in India has doubled from 1990 to 2016. The reasons behind high incidence cases could be poor prognosis, low level of cancer awareness, late diagnosis, and the lack of or inequitable access to affordable curative services. Between one-third and one-half of all cancers are potentially preventable. Survival rates for breast, uterine cervix, and oral cavity cancers are good, provided they are detected and treated in the early stages. Therefore, Doctors For You organize screening camps are organized to screen breast, oral, cervix, and other cancers in vulnerable populations.

Areas of Operations: Across India

One example: Pulwama Hospital is a 200 bedded hospital modulus hospital with a facility of CT scan & RT-PCR lab and has space for extension. Currently, OPD and outreach activities are already running in the center. Further, There are a total of 96 subcenters in Pulwama thus all the subcenters will be covered at least twice during a time span of 1 year

Proposed Activities:

- **Primary Interventions** - Awareness for common cancers (Oral, breast & cervical) and risk factors at village level & in schools amongst population of Pulwama District
- **Secondary Interventions** - Screen and detect common cancers amongst the adult and high risk population of Pulwama District and linking the suspected case to the higher center for diagnosis and treatment through the patient navigator
- OPD at Subcenter/PHC would include follow-up of the suspected cases, cervical cancer screening by visual Inspection with Acetic acid (VIA) for the women
- **Rehabilitation** - To provide day care and home based palliative care for all the diagnosed cases of cancer
- **Health System strengthening**- Training local health care workers for screening the cancer. To strengthen the existing district level facility (DFY center Pulwama) by providing diagnostic services like CT Scan, endoscopy and colposcopy, pathology and Physiotherapy services and ensure timely referral of all the detected cases to the higher center for treatment

Total Fund Requirement in (INR): 50 Lakhs/Year

15,000 Direct Beneficiaries/Year

2 Lakhs Indirect Beneficiaries/Year

Kashmir



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TRIBAL HOSPITAL UPGRADATION

Upgradation of the Community Health Care (CHC) Marwahi of Gaurela Pendra (GPM) district, Chhattisgarh

Project Brief: Chhattisgarh has approximately 34% Scheduled Tribe population, 12% Scheduled Caste population, and more than 50% Other Backward Classes. There are more than 43 tribal groups. Construction of Maternal and Child Health (MC) Care Centre in the premises of CHC Marwahi covering approx. 7000 sq. km of area is intended to improve maternal and child health indicators.

The construction will be carried out in a Phase wise manner with a plan to develop a single storey in first phase with provision to start basic MCH services (Ante Natal and Post Natal clinics, facilities for safe and hygienic institutional deliveries, newborn care, sterilization and family planning methods.) and subsequently expand the scope of construction and services in the second phase.

New Maternal and Child Care block will include General Operation Theater room, Labor room, Post operative ward, Neonatal care unit, ICU, Casualty ward with other facilities such as path lab, pharmacy, ultrasound rooms, public toilets, etc.

Areas of Operations: Gaurella Pendra Marwahi (GPM) District, Chhattisgarh

Proposed Activities:

Doctors For You (DFY) conducted a rapid assessment of the CHC Marwahi based on IPHS questionnaire to upgrade government health centers/hospitals. Analysis of the assessment report found the scope and need to -

1. A Facility Development Plan defining Infrastructure, equipment, etc.
2. Construct a new Maternal Health & Child Care (MCH) Center/Block in approx. 7000 sq.ft area in the compound area of CHC Marwahi
3. Installing Solar Panels as an alternative energy source
4. Health Capacity strengthening by Equipment's support

Total Fund Requirement in INR): 3 Crores

Chhattisgarh

RURAL HOSPITAL & NURSING COLLEGE

Construction of Integrated Multi - Specialty Hospital Hoskote , Bangalore Rural District, Karnataka

Project Brief: A 100 bedded Multi-Specialty hospital and a Nursing College for BSC & MSC courses will be constructed in a Phase wise manner following all the requisite guidelines of the Governments. A basic 31 Bedded unit will be constructed in the first phase with gradual upgradation. Patients will be charged in accordance with the Govt. schemes laid down by Govt. of Karnataka. Doctors For You will tap in the CSR funds for construction of buildings, deploying of human resources & equipment with all due consideration and the support of the government

The Multi-Specialty Hospital and Nursing College in a rural area will provide effective, affordable health care services (curative including specialist services, preventive and promotive) and education & training to the Nursing Course aspiring students

Areas of Operations: Bangalore Rural District, Karnataka

Hoskote is a Taluk in Bangalore Rural District and is 25Km away from the Bengaluru city
Hoskote is spread across 544 Sq. Km area comprising 26 Gram Panchayats, 297 Villages

Proposed Activities:

Plan of multi specialty hospital to be constructed in 15,000*4 Floors = 60,000 Sq. ft. in a phase wise manner.

- I Phase - Constructing a 30 Bedded Maternal and Child Health Care Hospital on ground floor and first floor
- II Phase - Constructing a Super Specialty wards on second and third floor of the hospital
- III Phase - Constructing a Nursing College and Training Center on fourth floor of the hospital

Total Fund Requirement in INR: 18.3 Crores

Karnataka



DIAGNOSTIC LABORATORY SET UP

Project Brief:

One Health Lab

Research & Development Centre of Doctors for You is established at Central Laboratory PICU, SKMCH Campus, Umanagar, Muzaffarpur, Bihar

- The lab is divided into 2 Section
- Microbiology Section
- Molecular biology section

Microbiology is subdivided into

- Bacteriology
- Serology
- Medium Preparation Room

Areas of Research

- TB, Trauma, Malnutrition, Urban Health System, COVID-19, etc

Proposed Activities and Requested Fund (INR)

- Setting up diagnostic and research Lab in the model of One Health Lab - 3 Crores
- Small diagnostic lab - 60 Lakh

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